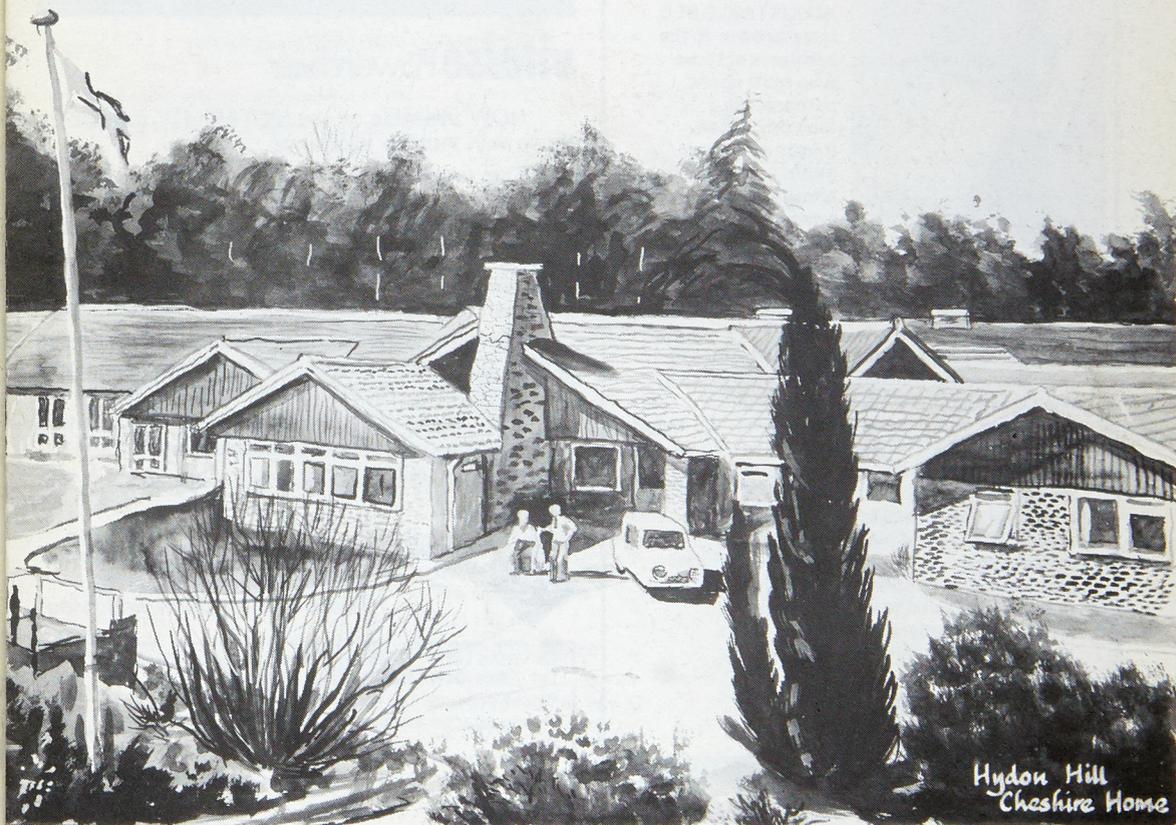


Cheshire Smile

The Quarterly Magazine of the Cheshire Homes Price 25p

Winter 1980/81



Cheshire Smile

The Quarterly Magazine of the Leonard Cheshire Foundation

Vol. 23 No. 4 WINTER 1980/81

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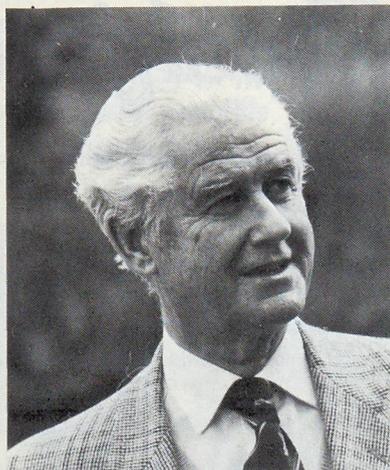
Architect—Mr A Beaumont Owles ARIBA

Please note, date for contributions to the

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The Chairman's Page



It is never easy to find something interesting to say to you on this page; but I am finding an unusual difficulty in composing this particular message because I am having to write it in early December just before going abroad again, whereas you will not be reading it until next February. So happy Christmas and successful New Year wishes are not really appropriate, though I do nevertheless send them most warmly, if belatedly, to you all.

Timing again makes things awkward in that I have to write this before the Trustees Weekend that we plan to hold in late January. As you will know, all Foundation Trustees are essentially working Trustees (we have no people on a 'letter-head' basis) and the trouble is that our regular meetings are so full, indeed over-full with consideration and discussion of routine and current events and happenings that we too rarely have time to sit back and give adequate thought to basic issues such as the philosophy and objectives of the Foundation; the acceptability (or otherwise) of current practice and performance; and about all, the way ahead. What should be our objectives in the short, and even more importantly, the long-term? Are we narrowing the scope of our work within too strict limits, i.e. the care of the physically handicapped and certain specialities of mental handicap? Are we concentrating too much on care and not enough on re-habilitation? Are we effecting the right balance between residential care and family support? Are our resources fairly allotted between U.K. and International activity? Are our present financial sources and fund-raising methods likely to prove adequate in the future?

There are a hundred and one such matters to which we both could and should be giving attention and on which we should be reaching at least general conclusions. This is not, I emphasize, Not, to say that we shall be coming down from Mount Sinai with a set of rigid rules engraved ineradicably on tablets of stone. This is not the way the Leonard Cheshire Foundation is run, nor will it ever be. But there is obviously a need at intervals to view the whole field of our activities, attempt to detect any failings or errors, and seek means of rectifying them and improving our future performance, for the general benefit of anyone associated in any way with the Foundation.

Let us hope that this mountain will not prove to labour and produce a mouse — but at least we shall have laboured! As always there is a lot of work and endeavour ahead for everyone; but 1981 also promises to provide much in the way of excitement and of renewed inspiration in which we can all share.

Sincerely

Christopher Fairgrieve

Chairman

VIEWPOINT

It can never be too late, I suppose, to wish all our Readers a New Year that will bring with it a full measure, not only of happiness, prosperity and an improved standard of living, but also the determination to make as much as is humanly possible of this coming year which has been designated as The International Year of Disabled People. It gives to us all a wonderful opportunity of showing our fellow men and women that disabled people are an integral part of the life of any community in the world today, and that they have every right to be considered and that their needs and their views shall be taken into account by society at every turn, in every place and in every thing. Let it be shouted from the rooftops that they are not crying out for sympathy, but are asking for a better understanding, to be treated as equals, with equal opportunity in education, in employment, in leisure activity, indeed in the whole process of life itself.

Perhaps in some ways residents in Cheshire Homes are more fortunate than other disabled folk, in that they are encouraged to take an active part in their own environment by serving on Management Committees and accepting increasing responsibility in all matters relating to the running of their Home and their life and that of their fellow residents.

This thinking seemed to come through loud and clear at the Annual Conference held in October at Cwmbran, the proceedings of which we have endeavoured to condense and include in this issue. Whilst trying to retain the 'meat' content of what was said and discussed, it has been quite impossible to include every sentence and thought expressed, but we hope that our efforts have resulted in a reasonably fair yet comprehensive compromise, and that the important points raised have been included and will give rise to further discussion and correspondence through these columns in the future.

As to the future, and what it holds, none of course, know. Changes are taking place at Market Mews, and no doubt, further changes will still be made. With the setting up of a Public Relations Committee of The Foundation under the Chairmanship of Lady June Onslow, there will perhaps be scope and opportunity and for that matter a desire to give a wider spectrum of News in THE SMILE, than we at 'Greenacres' have been able to give, hard though we have tried to give as wide a coverage as possible. THE SMILE, when all is said and done, is the magazine of The Leonard Cheshire Foundation worldwide, and as we see it, its constant aim should be to reflect the views, ideas, hopes and aspirations as well as the criticisms in various aspects of our Organisation and in our Homes, of our readers, seeking at the same time to promote new ideas on the subject of living with disability, be it of body or mind, that will carry with it hope and promise, rather than frustration and disillusionment. Let us try to think positively and look forward rather than to be negative, always looking back over our shoulder and wondering 'what might have been'.

Our Founder, Leonard Cheshire himself, has most fervently appealed to each one of us to use every opportunity we can find during this very special year to promote Peace in the World, and to those of us who live in a world of plenty to use every influence to bring pressure to bear to give aid and take a growing interest in the Nations of the Third World in an all-out effort to avert an even greater confrontation than we have already experienced.

Can there be a better place to begin than from the threshold of our own Home?

R.E.L.

CHANGE OF ADDRESS

Joint Committee on Mobility for the Disabled

The address of the Committee is now:
c/o ASBAH, Tavistock House North,
Tavistock Square, London WC1H 9HJ

Mrs. Jill Vernon is the new Hon. Secretary



THE LEONARD CHESHIRE FOUNDATION

ANNUAL CONFERENCE 11th OCTOBER 1980

held at County Hall, Cwmbran, Gwent

Opening the Conference, the Lord Lieutenant of Gwent, Mr Richard Hanbury-Tenison, said:

It's certainly a great honour for me to welcome The Leonard Cheshire Foundation to this County of Gwent and to Wales. County Hall is not in the domain of the Lord Lieutenant and the exact boundaries between his responsibilities such as they are and those of the County Council may be vague and nebulous in some areas but on this sacred soil they are not in doubt. You are here as guests of the Gwent County Council for whom I have the greatest respect.

The Cheshire Foundation as has often been said the latter day successor to the medieval orders of chivalry. Like them it seeks to set up its homes in all parts of the world where there is a need. Like them it depends on a spirit of co-operation and corporation without which we are all of us in all walks of life the poorer. The really excellent Cheshire Home only a few miles from here stands in direct succession from the missionary zeal of the orders such as the Templars and the Sovereign Order of Malta who went out to give effect to the very strong feeling that all thoughtful and decent human beings have that if we are privileged to have the complete use of all our faculties we are none the less part of the same body of men with those who for one reason or another are incapacitated.

The responsibility of the fit towards the less fortunate spans the ages and we in Wales as in the rest of the United Kingdom owe it largely to The Leonard Cheshire Foundation that this generation has kept faith with our forebears. May I on behalf of this County of Gwent and of the whole of Wales — Welcome you to the Principality and wish you a very happy and fruitful conference. Thank you very much.

FOLLOWING THE ADDRESS OF WELCOME, THE CHAIRMAN OF THE FOUNDATION,

Sir Christopher Foxley Norris, GCB, DSO, said —

Welcome to you all. This is the seventh time that I shall have inaugurated the Foundation's Annual Conference as Chairman. For the first time we are meeting in the Principality of Wales, whose 5 Homes have played and continue to play such a valuable and exemplary part in our activities; we have an admirable venue for our meeting; we have a wonderful attendance. I should like to pay tribute to all the local people who have worked so hard to ensure the Conference's success, particularly those from the Homes at Danybryn and Llanhennock. And I know none of you would like this occasion to pass without a tribute to the late Major Fisher Hoch on whom the

initiation and development of our work in Wales depended so much; and one of whose ambitions was that the Conference should one day be held in Wales.

Review of Past Year

Once again it has been a successful year, a year of both stabilisation of the existing work and development of the new. As far as our basic activity in residential care is concerned, in the UK we have concentrated largely on development and improvement of existing Homes. But while endeavouring to ensure that any resident who wishes to have a single room should have one, I might mention that it is a misconception that everyone wants a single room—there are exceptions. Married couples, of which we have an encouragingly increasing number, provide an obvious example; but there are others who still enjoy the companionship of friends and who may derive a feeling of security from such companionship. We must try to be in a position to give everyone the choice to which they are entitled. But the provision of single rooms is only a part of our **overall** aim, which remains to improve the general quality of life that can be provided for the handicapped person.

However, I must not give the impression that the number of UK Homes is static, there are as many as 9 new starts in the pipeline; and I am delighted to tell you that the Belfast Home may now be regarded as past the point of no return and will be in operation in due course.

Our work in the field of Mental Care has shown solid and encouraging progress. And so has our activity in the provision of family support and in the work of our Housing Association. I mention these particularly because of the widespread misconception outside the Foundation that we are active only in the provision and operation of Residential Homes. Residential care remains the **backbone** of our work, and we are justifiably proud of it, but we do NOT regard it as the only solution to the problems of the handicapped person, and we are fully alive to the need to look for and help provide other alternative solutions.

Overseas Activity

The rate of growth and indeed the general picture of our Overseas activity is equally encouraging. New Homes have been opened in Penang, the Philippines, New Zealand, Sudan, Canada and the United States; and others are in the pipeline, for example in Thailand, Hong Kong, and perhaps most interestingly Japan. Our total number of Homes now exceeds 190 and I am confident that we shall hit the 200 mark next year.

I.Y.D.P.

Next year will be the United Nations' Year of Disabled People. As a leading international organisation we plan to participate actively in this, the activities centering on a Cheshire Homes International Week in late June, in which we are confident that the UK Homes will play a full part. This is not just a gathering of foreigners—it involves all of us. Such occasions involving representatives from all the countries where we have Homes are of great value but cannot be undertaken without considerable expense.

Struggle Against Inflation

It would be wrong and misleading of me to leave the impression that our skies, now and in the future, are cloudless, so I will confine myself to saying that everyone's exertions to combat both inflation and the recession have been reasonably successful but the battle has been by no means won and much hard fighting lies ahead for all of us. In particular we must accept that restriction on the budgets of the Social Services and Health Authorities, with a consequent addition to the monies that we must obtain from charitable and voluntary activities.

The H.Q. 'New Look'

The question of the new central staff and the so-called "new look" forms the meat of our Conference today, and you will hear from those directly involved. I would however re-emphasise a few points.

First, the expansion of central staff has been **minimised** to meet our responsibilities. The size and cost remains uniquely and incredibly small. The recent increases have brought the full-time central staff up to 22 people; 14 at Market Mews and 8 field workers. What is important is what that staff can now do for YOU; they can provide prompt and expert advice when needed and **requested**; the only real risk of waste would arise if YOU do not make full use of the facilities now available.

The new arrangements, and indeed the new Counsellor/Trainer scheme, do not alter the established and recognised respective responsibilities of the Homes and the Foundation. There is NO central "takeover", existing or planned. You have exactly the same scope and burden of responsibility in the Homes as you had before—all that has changed is that we are now in a better position to help and advise you than we were before.

Hon. Treasurer's Report

Following the address by Sir Christopher Foxley-Norris, the Hon. Treasurer, P. Rowley Esq. MC, spoke in explanation of the accounts, and gave a picture of the financial situation as he saw it at

Market Mews and its effect on the Foundation, and he continued, for the first time I am going to ask you the Cheshire Homes throughout the country to do some providing as well.

Money is Tight

Everybody knows that the country is going through a difficult financial period. Inflation is running considerably higher than we'd expected. There's a lot of talk and a lot of gloom about recession and there's a lot of talk about cutbacks, but we are still getting more money than we did before. The per capita fees for the homes throughout the country are higher now than they were this time last year. The income at Market Mews is higher this year than it was last year. Recession means going backwards; there's no recession of that type in the Cheshire Foundation. We are not going backwards. Because money is tight it means that all of us have got to work harder, even the residents, in order to maintain the very high standards of living that we've achieved. Provided we do that I think things are going to be all right.

We have been spending over the past few years about £1 million per year on improving our homes, and starting new homes. A few years ago we could build four new homes for £1 million, next year you will only build two.

In the past we at Central Headquarters had been able to make money available almost whenever it was wanted by any Cheshire Home throughout the Foundation. Because money is now tighter we're having to work out and to abide by priorities throughout the whole of the Foundation. The fact that money is tight is nothing new. The Foundation was born and bred on the basis that if our objects are right and if we work hard enough the money will arrive somehow. I see no reason why it shouldn't continue that way in future. We mustn't sit back, we must cut out waste, avoid all extravagance. The Founder mentioned at the last Conference, that everybody ought to be more careful in their use of electricity and the expenditure on heating and lighting rose less last year on our accounts than any other thing. But the other thing we've got to avoid is of each Home thinking of itself alone. We've got to avoid the "I'm all right Jack" attitude. There is an indication on the Homes accounts, all of which come through to us and get amalgamated in our basic account, that some Homes are accumulating more money than they need for their day to day running and for their particular improvement schemes. Some Homes are getting rich, most are very comfortably placed, and so our Cheshire Homes on the whole, are reasonably well placed financially, some are doing very nicely, thank you.

Responsibilities

But we're a charity. And being a charity carries responsibilities to do what they can for charities who are less well off. From now on Homes are

asked to think what they can do for other Cheshire Homes not so well off, including those Cheshire Homes abroad who are not as well off as they.

And I hope that those of you who run and live in these new and improved Homes will not sit back and accumulate money while other Cheshire Homes need it. All Homes are part of the Cheshire family and we would like everyone of you to consider in what way you can help the others.

Accounts to 30th September 1979

The accounts just published are in respect of the financial year which ended on 30th September 1979. During that year the total income of the Foundation from all sources for the first time in its history exceeded £10 million (£10,587,000) while the cost of running the Homes during that year was £8,140,000. Of that cost 75% came from the per capita fees from Local, and Regional Health, authorities, and 19% came from the residents and their supporters, which left half a million pounds to be found out of voluntary income. The total fund raising for the whole of the Foundation for the year was £423,000 and that was a magnificent increase of 25% on the fundraising for the year before. But even then it didn't cover all the money needed to run the Homes and you had to put in a bit more out of legacies or interest on the bank account which produces the other part of your income.

Increase in Running Costs

The total income from fees rose by 15%. the total salaries we paid rose by 17%. Provisions cost 12% more, while heat and light cost only 11% more. Nowadays, only very small Homes can run at a cost of under £100,000 a year. The average cost per resident during that year was £4,750—£91 a week. Donations and legacies as usual represented the greater part of our voluntary income, which was a shade down on the previous year. The net result was that the total income of the Foundation exceeded its expenditure by £1,270,000. But we didn't just put that away in the bank, we spend on improvements even more than that (£1,297,000), which meant taking a little bit out of the previous savings.

Good, Sound and Healthy

After explaining the Balance Sheet Mr Rowley concluded his remarks by drawing attention to the fact that individual Homes themselves had cash in the bank to the value of £2,326,000, being £400,000 higher than the previous year, and in that he felt that there ought to be scope somewhere for your helping others. Unless we can find some means of pooling those resources or taking advantage of those resources which you have in the Homes then the expansion of the Foundation is going to be

restricted to what we can provide from central administration. And there's no reason why it should be. We want that initiative to come from the Homes, for you to look at it during the coming year and see what you can do about it and how we can get together to help those who need it most. And so I'll finish off by saying our financial position is good, is sound and healthy. Thank all of you who have done so much to get the Foundation into that position.

THE PRINCIPLES OF CARE

by Mr. Harry Lowden,
Head of Counselling and Training

Introduction

I regard it as a privilege to talk at the Annual Conference on contributing to a caring service for people with physical damage.

The privilege brings for me a particular responsibility—that of being a professional officer working in an organisation where so much work is done voluntarily. I know the voluntary tradition is fiercely defended in this organisation. A devastating, albeit slightly biased comparison between voluntary and professional—Noah's Ark was built by amateurs—the Titanic by professionals.

Voluntary doesn't for me carry any overtones of inferiority just as professional does not mean devoid of humanity or any of the foibles that humanity is prone to.

The difficulty about presenting a talk on the principles of care is that it is tempting to talk about goals which are unreachable when we all know that one of the best ways of encouraging anyone in any task is to ensure that the goals are achievable and that by achieving them people can feel the satisfaction of success. But ultimately goals must be realistic and even in talking about principles of care one must recognise the demands of the real world and the compromises we sometimes have to make.

The Personal Social Services Council produced their study on residential care entitled "Residential Care Reviewed".

When stating their own principles and objectives, the group phrased them as follows: "... all residents should have the right to lead a life which is as satisfying as possible in their own terms; to have their needs met with dignity, privacy and humanity; to participate fully, should they so wish, in decisions about arrangements for daily living; to take risks and be responsible for their own behaviour, where this does not reduce the quality of life, or safety, of others; to have similar opportunities for mixing with the outside world to those who live in families; to use general community resources, if desired, such as hospital, dental and optical services, their own

General Practitioner, physical aids and education services; to have access to facilities and equipment for physical education, domestic activities and occupation."

Living and Working in Residential Homes

The report begins by relating residential care to society as a whole and commenting "because public awareness and concern is often only generated in the event of accidents or crises, there is a tendency for the providers and managers of care to be judged in terms of their success in avoiding these."

The report asks us to define the **objectives of care** in order to ask why residential care becomes necessary for certain individuals and to assess its contribution **within the range of social service provision**.

The fact that no fundamental philosophy of residential care exists tends to inhibit co-operation between statutory and voluntary organisations at national and local level and again results in a lack of public understanding.



The Group Captain with two residents at the Annual Conference, County Hall, Cwmbran

In focussing on the problems of residential care, the report notes the sad irony that residential care in a number of ways significantly increases the physical and emotional vulnerability of the persons it is designed to help.

"**The essential task**, is to devise a system of residential care which gives proper weight to the special handicaps and needs of people, but which does not, by offering them care, alienate them from the rest of the community. It must be a system which acknowledges the needs, interests and hopes which are common to us all, rather than one which appears to segregate groups of people through an over-emphasis on handicaps and differences."

From the potential or actual resident's point of view he should be offered a **choice** of services, a wider range of alternatives, a comprehensive, co-ordinated and flexible service. The resident should certainly be offered the right to participate in decisions about his life, the running of the Home and be given full information to help him with this—perhaps in the form of a handbook.

From the staff's point of view, they should be encouraged to review the progress of each resident regularly and to involve residents in this process as well as other significant people from the community. Staff themselves need care and support in performing what is now recognised to be an intensely demanding job.

A fundamental issue tackled by Trustee Peter Wade's paper is that of "a home for life". Residents are adamant that there should be no transfers because of increasing age or a worsening condition. A "home for life" could have the effect of being a negative sentence rather than a positive prescription in the sense of "new lives for old" to borrow Wilfred Russell's memorable phrase. Although "home for life" is the shorthand expression of a valuable principle, it really represents an offer of security, regular review, and assessment of alternatives and continuing hope.

The Principles underlying our Admissions Policy

The number of handicapped young people of school-leaving age (and beyond—the 17, 18, 19 year old) present a real problem that calls for new thinking and initiatives. Does a place in a Cheshire Home meet the needs of such a young person and is it compatible with the principle of a 'balanced community'?

Would it help the Foundation to meet the needs of people with various handicaps if there were some sort of Central Referral System (involving not only the Foundation but other organisations playing a complementary role)?

Which Categories of Handicap are excluded and Why?

The blind; the elderly; the mentally handicapped?

Other categories might include "the socially unacceptable" and "the mentally confused" although it is inevitable that there will always be a certain conflict between the individual needs of a prospective resident and the wishes of the existing resident group.

Assessment of Residents' Potential

I would like to tie into this theme the whole issue of regularly reviewing progress and to examine briefly the part played by "rehabilitation" in the range of care offered by the Foundation ("rehabilitate—to restore to privileges, reputation or proper condition"). By regularly reviewing the progress of residents we might go some way towards meeting the criticism implied in the following quotations from the Report:

"Do we fail to see where independence might be restored and do we make some people unnecessarily dependent?" and

"Might a person be enabled to cope in a less total care situation?"

The Spinal Injuries Association comments "perhaps the Leonard Cheshire Foundation could provide homes (with a small 'h') on the same site or perhaps separately where people who wished to move on could live in a progressive atmosphere of rehabilitation separately from those who choose to live in a Cheshire Home".

A regular system of review provides opportunity to examine things in general like the real limitations imposed by a person's handicap as opposed to what may have become the accepted ones and things in particular like provision of some aid which would be helpful or improving an existing aid.

By review is meant the opportunity for the resident, along with crucial workers involved in his care to look at developments—because things **do** change, people's aspirations change, and the possibilities of alternative provision change.

If we accept that the aim of care within the Foundation is to enable residents to lead a more satisfying and fulfilled life wherever possible, then it is important to create a climate of care in which "assessment" or "review" becomes an acceptable, natural and welcome part of life.

By this regular and systematic review we can work towards improved provision, not only on the basis of what is available at the moment but as a guide to planning for the future.

THE FOUNDER WITH RESIDENTS



With resident from Coomb who made chair in which the Group Capt. is sitting. Annual Conference County Hall, Cwmbran.

and photographed again with a resident from Llanhennock (Doris Birch) at the Annual Conference



The PASS Approach (Programme Analysis of Service Systems)

Long before I joined the Cheshire Foundation, I had accepted that it was in one sense pointless to consider handicapped people as a homogeneous group and that it is usually necessary to offer a service to individuals.

The attractiveness of the PASS approach is that it looks at the lives of individuals and considers them from the baseline of normality. I can accept that we would all have difficulty in agreeing what "normality" is, but in this context it is a rigorous prompting to compare what is typically normal in our society with the provision we make for handicapped people. We are **all** potential residents—and if we were, what rights would we still demand? Could we separate out those areas of life in which people are dependent from those areas of life in which they are competent? Like deciding who they share a room with (when necessary), where they go out to, who they go out with, what time they go to bed, who attends to their intimate physical needs, who they choose to talk to about their personal joys, their private griefs.

Why are physically handicapped people regarded as a "deviant" group when it is by segregating them within our society that we actually encourage this attitude.

PASS calls this "deviant image juxtaposition", placing one deprived group alongside another rather than within the mainstream of the community.

PASS uses "normality" as its starting point and provides a set of rigorous criteria to establish whether or not the care you are providing is in fact valid and humane or paternal and patronising.

What Kind of a Counselling Service can the Foundation Offer?

The three existing Counsellors are well known to the Homes in their areas and their role has been recognised as a valuable part of the Foundation's life. Their work has been limited by the enormous geographical areas they were required to cover. Even with the three additional staff the geographical areas are still large and additional help with counselling and training activities will still be required.

The task of the Counsellor/Trainers will be to mobilise a counselling service for residents from whatever resources are available locally. Cheshire Homes have already built up links with many staff of local authorities and other voluntary organisations and regard themselves as part of the whole range of residential and day care resources in that area. The Counsellor/Trainers will encourage this co-operation but there will be times, however, when it is the Foundation's own Counsellor who can best help with those problems that arise from the particular Cheshire Home setting.

There are crisis times in everyone's life and for a handicapped person these can be particularly acute. Facing the prospect of admission to residential care, coping with the loss of a dearly loved mother or father, facing the panic sometimes caused by an acceleration of disability—at times like these there is often a need for counselling help and support both of individual residents and staff who care for them day by day.

Care For Staff

It has long been recognised that the care given to residents is very often dependent upon the way staff see themselves in relation to the job they are doing. If staff feel abused or exploited and their efforts are ignored or misinterpreted, then the whole atmosphere of a place can become sour and cheerless. Any organisation has a responsibility to care for its staff by getting working conditions right and by helping wherever possible. It is in this context that "training" has its part to play.

It is by no means intended to impose rigid training schedules on to Homes where all sorts of "in-service" training activities are proceeding perfectly satisfactorily. Rather it is to present opportunities for development to those staff who are keen to learn more about their jobs, share their experiences with colleagues from other settings, and develop specialist skills. Training with colleagues from other settings can help to combat the professional isolation of residential care staff, and there is already a tradition of staff from Cheshire Homes attending the courses which are held in local Colleges of Further Education.

The Relationship of the Counsellor/Trainer with Management Committees

The job specification of Counsellor/Trainers makes only one specific reference to their involvement with Management Committees.

"Counsellor/Trainers will be responsible for keeping local Management Committees informed of the work of the Counselling and Training Service."

However, I am sure that every member of a Management Committee can recall some involvement of the former Counsellors in discussions surrounding individual residents or members of staff which centred on points of principle.

This subject was recently discussed by the Counselling and Training Committee which felt that the function of Counsellor/Trainers was to assess the needs of residents and staff and work predominantly with **them**. It was perhaps more the function of Trustees to help Management Committees perceive and deal with problem areas.

It is an ironic and sad fact of life that Management Committees tend to be presented with a constant succession of problems and usually are criticised for their failures rather than praised for their achievements.

A Career Structure

I would like to describe in a little more detail some thoughts on **Training and a Possible Career Structure within the Cheshire Foundation**.

There is the basic training in physical care which is necessary to enable staff to do their job day by day. This is often learned on the job from experienced members of staff who may have had nurse training to help them with this.

There are training packages, usually of short duration which either teach staff new skills or help them to develop existing ones to a higher level—for example, coping with incontinence and increasing skills in communication.

Then there are the longer trainer courses specifically designed for staff working in residential establishments.

A course offering a greater depth of knowledge, extended over a longer period and leading to a recognised qualification is the Certificate in Social Service.

Several staff of the Foundation have already completed this course and remain with us giving our residents the benefit of their training. Some, however, have moved on to other caring jobs. The question raises itself therefore as to what opportunities for career progression present themselves **within the Foundation** for those people with experience, training, a desire for promotion and the ability to shift location to take up a post in another Cheshire Home?

I have recently received a letter from a CSS student which sums up the feelings of that handful of staff who are either in the middle of or recently completed their training. He writes "I have been finding this course very valuable, both personally and also as it affects my attitudes and outlook to the work I do day by day. I hope to remain with the Foundation but seriously wonder if it will be possible".

This subject has recently been discussed by the Counselling and Training Committee who recognise the problem and regret that in the past we have lost staff with ability and training. As a first step to overcoming this difficulty, the Foundation may be considering setting up a system of notification of vacancies in Homes.

A New Look at Training

Apart from the admirable and greatly valued contribution made to training within the Foundation by Mary Hopcroft through the Service Corps there have not actually been any staff with a clear responsibility for staff training. This year three new posts of Counsellor/Trainer Officer have been created to join the existing team of three Counsellors who in the autumn will begin to take on their dual role.

One of the major tasks awaiting the newly appointed Counsellor/Trainers will be to begin

talking with staff in homes about their previous training and experience with a view to working with Heads of Homes in preparing an analysis of training needs and from that the preparation of individual training plans to be programmed in accordance with the availability of training resources and adequate funding.

By this systematic approach to training through the auspices of the regionally based Counsellor/Trainers and its integration with other local sources of training we hope to develop a sound yet broadly based approach to staff training in Cheshire Homes. It is envisaged that "Training" will range from basic induction for new staff, through "in house" teaching and experience of the best methods of physical, emotional and social care for individual residents, through attendance on In-Service Courses in Social Care and the Certification in Social Service to specialised training packages, including:

- Achieving communication with handicapped residents without speech, or with impaired ability to communicate;
- Coping with death, dying, bereavement and loss in residential care;
- Caring for married couples in residential care and the general acknowledgment of residents' social, emotional and sexual needs;
- Preparation of certain staff to take on positions of responsibility like Deputy or Head of Home, where the skills required are not necessarily those of a nurse.

Some Particular Problems of Residential Care

It is a sad fact of life that, in spite of a general recognition that working in residential care is a highly demanding and difficult job, there have been relatively few opportunities for training. One of the major moves to improve the situation was the introduction of the wider acknowledgment of the training required to cope with the stress and unique tensions of the work. Sometimes it is difficult to maintain self-esteem and self-worth whilst, at the same time, supporting and building up fellow residents or fellow members of staff. If we look at residential care from the standpoint of a vulnerable resident then there are times when it can be quite a damaging setting. When disagreements and personality clashes get out of hand, when power is handled in a destructive way, when groups of staff or residents are divided and become warring factions, then residential life can be grim.

What happens to the principles of care when these sort of difficulties arise?

What happens when staff lose the confidence and support of their Management Committee—for whatever reason? When the fabric of the building deteriorates to the extent that the expenditure of huge sums of money is required?

It is at times like these that we need the support and strength of understanding colleagues, the inner strength that is boosted by previous training, experience and relationships, and an organisation that demonstrates its care not only for residents but for those staff who provide the actual care.

In drawing to a close I would like to read to you extracts from a poem by Hugh Jones (a severely-handicapped patient in hospital, entitled 'Bitterness'

* * * * *

Confined to a wheelchair and sometimes to a bed,
Completely paraplegic, a lifetime full of dread;
A kind of dragging hopelessness, through endless
years of strife,
Ending in an aimlessness, a grim tale-end of life.

Changing of philosophy, tailored to the cloth,
Changing to suit circumstance and musing at
God's wrath;
An awful aching loneliness, cut off by a chasm,
From life's sweet normality, in constant painful
spasm.

Impotent and incontinent, shamefaced and full
of guilt;
Marriage smashed and broken, careers can't be
built;
Multiple Sclerosis a mysterious "Act of God",
A creeping of paralysis, ruling with iron rod.

A heart completely broken, smiling through
the tears,
A pretence of acceptance, filled with
frightened fears;
A vagueness of an emptiness, a blackness of
despair,
Every door is closing seeming not to care.

and now an article by Ann MacFarlane (formerly in residential care but now leading an independent life in sheltered accommodation):

"I am one of the lucky ones—living within a community that cares. The community nursing service is able to provide a nurse four times a day to give the injections I now find difficult to administer. They help me to finish dressing in the mornings and undress me each evening. If I want to go out during the day or in the evening, they fit me into their schedule.

Unfortunately, I had to retire from full time work recently, and I am enjoying a short break before commencing part-time voluntary work.

Today I have done some housework, tackled the washing, baked a cake and written letters—ordinary, everyday achievements, that bring contentment in the evening hours.

Life has been hard and the living tough. Between the pain I have searched for the fun and found it. I have set wheelchair on Canadian soil twice since that initial visit in 1968, and I have enjoyed holidays in Majorca, Israel, New Zealand and Austria. The world is my oyster and it contains a priceless pearl—a full, satisfying and happy life."

* * * * *

These personal accounts illustrate vividly to me the range of feeling from despair to joy that can be experienced by handicapped individuals in whose care we are all involved whatever our standpoint.

If we work hard at communicating with each other we shall find that, in spite of our individual differences and the issues that divide us, there is an enormous job to be done in improving society's response to people with disability and, rather than being daunted by the problems that face us, we must move on in a spirit of co-operation through the beliefs that unite us.

"Job Descriptions"

Michael Libby, Head of Mental Care

This is my first year with the Foundation, my main role is in relation to homes for mentally handicapped children and those that work with people who are recovering from mental illness.

I am available very much as a resource for all Homes, because of any particular mental care problems that may arise.

I have a direct link with the counsellor trainers, I have a very very close link with Harry Lowden. I am also involved in trying to offer support and advice to new projects in the mental care field, most of them are for mentally handicapped adults. I think we all have a duty within the Foundation to point out differences between physically handicapped, mentally handicapped and mentally ill people. I think it is important that we continue to clarify the distinction. But there are things in common. Is the current residential role that we provide the right one, should it change, and in what way should it change. The children in our homes who reach 16, 17 and 18 who unless something comes up in the near future are going to places which are totally inappropriate for them.

I also think there's a very strong need to integrate much more, both in the sense of integrating

residents with the normal life of the community but also making use of all the resources that other people in the community have available. I don't think that mental care work in the Foundation can exist sufficiently well without integrating with the resources around us.

Mr Keith Cook, Homes Planning Officer,

Mr Keith Cook, Homes Planning Officer, said he had spent the last 16 years in Westminster Architectural Practice where he dealt mostly with the housing of old people and the accommodation for the handicapped.

He continued, I have to have three faces. My first face has to be towards the past in that I'm expected to see the benefits and deficiencies of our Homes and of the schemes that they have already done with the benefit of hindsight. I'm supposed to see too often the effects on the residents and staff of the building and the environment which is being created by those buildings. And I must see too the legal and the economic repercussions of earlier decisions and the designs which we've used. Then I must have a face to the present as well. Also I must look towards co-ordinating throughout the Homes the design standards which are necessary for residents and staff and thirdly to communicate the guidance of our Homes Planning Committee through to your Homes Management Committee.

Then the face of the future and here it is trying to see the overall design criteria needed by handicapped people to cater for both their body and their souls. This is a very essential part of our work. Then thirdly, seeing each individual Home as a living working unit, with residents and staff, to look at the building and see the position within the community that it occupies, either in involvement with the community or in isolation, and the atmosphere which it produces. The job of any member of the Central Foundation is to advise and to assist when called upon, so perhaps the most important need is for your help in providing me with information about your Home good or bad, copies of your plans and costings of the work which has gone ahead, moments of success and failure and please, an early involvement in all schemes which you are carrying out or proposing.

Mr Harry Lowden, Head of Counselling and Training, said —

My main responsibilities are for organising a counselling and training service within the Foundation and we're now up to full strength in our team with the three existing counsellors. Hopefully we'll get the confidence of staff and residents and be able to offer counselling service to residents and a developmental service to staff.

Mr Bill Simpson, Public Relations Consultant,

What in fact is Public Relations? Well I would say that a good definition of it is that it is something which we've got and we either do something about it or not, and if the answer to that is 'we should' then there's a great deal of work to do and the sooner we start doing it the better.

I believe that the Foundation needs to publicise itself. There are a number of things that have to be done at the Centre, other things have to be done in the Homes. I look forward to being very active over the next two years at least and to set up various kinds of ways of talking to and listening to the public and of talking to and listening to you and helping you in any way that is acceptable and which could be paid for.

Staff Training Essential

Mr Mike Durkin, Chairman of the Management Committee at St Anthony's

For those of us who have the idea of the Cheshire philosophy as providing a real home for residents, one in which they feel themselves belonging, training is the first essential for the staff. They must know what they are doing while they're doing it.

I believe a Cheshire Home is something special. A home is a home, not an institution with a staff to maintain adequate disciplines and administration. Our residents mustn't be at the mercy of theorists or well-intentioned folk who really don't understand. I'd like to see professional Cheshire staff who are constantly in training. But most of all we want our staff to have a career structure whereby a young trainee can see him or herself as a head of a home with a dignity with which such a responsibility would naturally be endowed.

Training for the Mentally Handicapped

*by Mr. Crowhurst,
Chairman of Hawthorn Lodge*

Hawthorn Lodge is a special type of Home for up to 35 mentally handicapped children. The training in our view is a valuable aspect of the approach to care.

From the Report by the National Development Group for Mentally Handicapped and the Jay Report of 1979 which was an enquiry into mental handicap presented to Parliament by the Secretary of State for Social Services we quote the following:

"It is firmly believed that all people, mentally handicapped or not, share the same human needs as all mentally handicapped people in residential care, and have the same residential care needs as people in

childrens' or old peoples' homes. And the key to a better service and to the implementation of suggestions for improvements undoubtedly lies in staff training and development".

All people in residential care have certain needs in common and certain special needs. At Hawthorn Lodge they are children, first and foremost they are people. And the staff need to know about mental handicap and needs in residential communities, so their training must include both the theoretical and the practical side. But the individual who is to work with the mentally handicapped must be motivated to help others to achieve their full potential. And its a very demanding job and he must communicate both with the residents and other staff.

* * * * *

Resuming the Conference after lunch, the Chairman introduced **General Verendra Singh, Chairman of the Eastern Region of The Foundation**, who said —

Mr Chairman, Lord Lieutenant, Leonard, Ladies and Gentlemen. I bring you greetings from the Chairman, Dr Courier, the residents and all the members of the various committees of the Indian Foundation. I also bring you a little sunshine and warmth. There's plenty of that in India. I feel very privileged to be able to attend this Conference and for this opportunity to be able to say something about Indian Homes and to share with you some of our thoughts. We were fortunate this April we had Leonard in India. His visits to our country are a source of great encouragement. It doesn't matter from what part of the world we come, we are one family and these conferences do bring us together, and it's a very stimulating experience. Residents and staff give us great strength, and our main task is to provide them with love and affection and dignity, to make them feel that they belong to us. Those of us who are physically fit owe a responsibility to those who are not so fit as we are.

Involvement of Youth

Now I would like to raise a few points which concern developing countries like mine. Firstly the involvement of young people. We have in India a very successful experiment by involving the Cadet Corps. These are young boys and girls who study in schools and colleges. They are much involved with all the Cheshire Homes in India. Its a good experience for them and they do a great deal of good work cleaning up the homes, talking to residents, taking them out, and I do feel that the younger generation must come forward and accept this responsibility. Secondly we must be forward looking. We have been functioning

now for over 30 years. 75% of the Indian population is in the rural area and that is a much neglected sector and we are now very seriously considering starting our work in the form of either day centres or day clinics on the periphery of big towns. There are problems of raising money. The Indian Homes are self-supporting, we get no help from government and we are able to raise enough funds both for capital and recurring expenditure. And therefore to start we will go to areas which are close to towns, so that we can get assistance, voluntary work, helpers and money. Our Homes have now reached almost saturation point. The Delhi Home is I think the largest Home in the

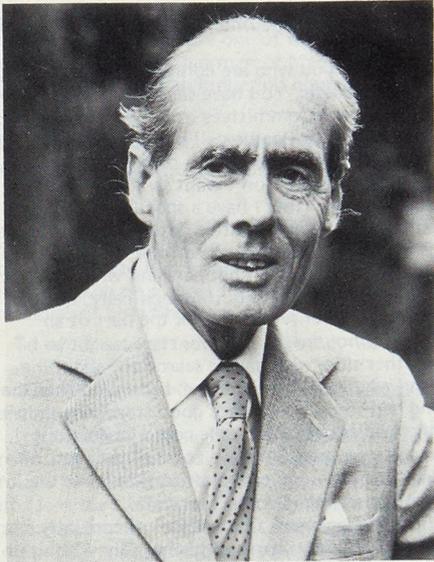


General Verendra Singh, Chairman of the Indian Foundation.

world, it has got 91 inmates. Much more than the normal but there are special circumstances because it consists of three separate wings. We have children, we have men and women, we have ex-servicemen who were injured during various wars in which India was involved and therefore it is a very large Home. Otherwise most have about 50 residents. And we therefore are now wanting to undertake domiciliary care in our Homes. Our problems are enormous with a population of 650 million people but voluntary organisations in India are doing good work and the Cheshire Homes set a very good example. We have had a new home recently opened at Lucknow. We have a number of other projects to meet the requirements of people who require special care.

We are looking forward to participating in the International Conference in London next year. We have 17 homes functioning and a new one is just started, and there are one or two homes which are in the making. And I do look forward to be here in your midst and to have this opportunity to share with you our thoughts and to impress the need for maintaining a high standard of care and to be able to look after the residents. Once again, I convey to you our greetings and I hope you will have good sunshine and good warmth.

Address by the Founder Group Captain Leonard Cheshire, VC, DSO, DFC.



I'd like to start by saying 'Thank you' with all my heart to our hosts in Wales.

My wife, Sue, has asked me very specially to say how sorry she is that she can't be here but life seems to be unusually busy for her just at the moment. She has three Homes in Britain which receive not one penny, either from local authority or the Regional Hospital Board, and that means that her Committee is bearing the total maintenance cost which amounts to £150,000 a year for each Home, although nearly all the residents are referred from local hospitals. We may be faced with situations where a local authority will not sponsor a given resident and I'm sure that you all agree with me that as a Foundation we ought to accept a person if they really need and want to come to us whether sponsored or not. As long as we don't give local authority a hinge for saying "Well, they'll take anybody so we won't have to bother."

I'm very pleased to say we've received a gift and this is an illustrated brochure about the Homes which is being given to us by Good Housekeeping. They've given us 20,000 copies. The photographs are by Norman Potter, and I hope it will help show the International context into which we each fit. May I also say that I finally concluded writing a book which is my view of the Foundation, how it came into being, how it developed and what it is as I see it from my standpoint 33 years after our beginning. I've also tried to look at what it means to a person to

be struck by disability. It's being published by Collins and is coming out in April.

Now I'd like to look at the future and I have a theme which is really summed up in one word—**participation**. We are approaching International Year of Disabled People and we're just entering our 33rd year, and I do have a particular message that I would like to try and give.

What is Our Objective?

First may I examine what our ultimate and real objective is, how do we define it? And I don't mean just what we ourselves are doing, but everybody in whatever way, in whatever country who is involved with the disabled person. What is the objective when we provide facilities or pass acts or whatever, to enable disabled people to live the life they want. It has been customary to define the objective as independence, and the more independence or the greater opportunity we give for increasing independence, the closer we approach our goal. But respectfully I would like to question that. For one thing no man on earth will ever be completely independent. By virtue of sharing a common humanity we are essentially social beings. We depend on each other every day all the time. Greater independence, certainly we must aim for. But independence as the ultimate goal I do not think is rightly defined. I would like to suggest that it be defined as freedom. Freedom to choose the kind of life that he or she wants. Now that presupposes that society as a whole, and we in our own particular field, provide the range of facilities that will enable each person to choose, and what somebody wants today, may not be what they want tomorrow. But there's just one aspect I would like to concentrate on and this relates to a basic human right.

Shaping Our Future

Now the opportunity to participate in shaping our future and our destiny is a basic human right, probably the most basic of all and I think that this is what we should particularly look at in connection with our own Homes. It is not an easy or simple matter to decide but I do say that this is a fundamental must and this is one area in the Year of the Disabled Person that I think we should all look at very particularly. Now to take it one stage further, we are at the point that we now are; have achieved what we have achieved because of what we have received from society. During the coming Year of Disabled People, everybody is going to be discussing what can be done to make the needs of disabled people better understood and their lives fuller. Now I would like to put to you that we should begin to look at what we do as a Foundation and as individual Homes can do for society. We are an integral part of society and having received so much I think we should now begin to

consider giving to other deprived sections of our community. We've made a start with Family Support Service but there are other ways too. You may find that groups other than disabled people you can help.

Overseas Twinning

I would be grateful if more Homes would twin with overseas Homes in a meaningful way to get to know their problems and help them. But I go even further than that because at this moment in history, we, the human family are facing a very critical and dangerous period. The world is in danger of falling into chaos because of mass starvation, economic disasters, environmental catastrophies and terrorism, all inter-linked. And that our individual problems cannot be solved in isolation from the whole global problem, and therefore unless we do something about it, unless we recognise the danger, unless we recognise the need to go out and do what we can to put the poorer parts of the world on their feet, to participate with them in their struggle to become economically self-supporting, we will be the losers. Now we have Homes in approximately 40 countries, America, soon in Japan, powerful developing countries and we could have the ability to speak with one voice.

There is something that we could do towards that problem. Those who are disabled in a way symbolise the totally poor and deprived of the world, who can do nothing but sit and wait for somebody to come to their help. And I would like to think in this coming year and increasingly in the future that we would play our part in this. If you ask 'how?' there are all sorts of different ways. If you have a Home in a big town, your city might twin with a city in a developing country. We always twin with another city, in a wealthy country, why couldn't we twin with a city in a poor country.

Theme of the International Conference

The International Conference next June, on which we set great store and many hopes is going to have as its theme "to consider how we can help in the struggle to shape the future of the world in peace and welfare, in solidarity and dignity." Those words come from Willy Brandt in his introduction to The Brandt Report on North-South Relations. And today is the first step towards the hope of putting that theme into effect.

Thank you very much once again for having come here so that we can be together and discuss our mutual hopes and plans. Thank you very much.

TRAINING FOR MANAGEMENT

On the question of Training Manuals for prospective members of Management Committees there was a long debate, and the following points were put forward:

Andrew Martel, Chairman of the Durham Cheshire Home—

I would beg you who are connected with training to be more realistic. You have said that you want to give Management Committees training manuals—you will put people off. People will not come forward, they will not read the induction manuals, they will not be interested. We don't want seminars, we want practical training. Now I have a specific classical suggestion: our Administrative Officer has a daughter who is in the Army and works on the barricades in Belfast. She searches the shoppers and when she went out she was trained quite specifically, quite practically for that job. She took the part of an abusive Irish housewife. She was then taught to be on the other side, who had to search the shopping bag. And when she got there she discovered that the training had stood her in very good stead, she didn't take the insults personally, she could laugh along. Please can we urgently have a form of that sort of training for our young care staff so that when we have a stress arising it doesn't escalate.

I think Management Committees as currently constituted are very worthy in being. They bring their expertise from the outside world as business men, they need an understanding of care and that developed with experience. But you don't necessarily need a weighty induction manual to teach you how to manage in a Management Committee.

Mr Hamden Inskip, a Trustee, speaking from experience, said—

When I started I didn't understand your work and I had to learn. I'm not making a pleas for authority or dictator, I'm making a plea for humility that those who come from outside always have something to learn to enable us to do a better job and a plea, above all, that we won't have to learn by making unnecessary mistakes at the expense of those who are unable to do anything about it.

To which the Chairman answered —

on the question of training of Management Committee we have had two very opposite views which I would sum up by saying that one view that Management Committees are effectively there to manage and if they are well-selected they are capable of managing without special training and particularly without training manuals and I even got the implication that the existence of such manuals might put people off coming on to a Management Committee at all. Whereas Hamden Inskip expressed the entirely opposite view that unless a man of a Management

Committee is also given basic training in care and what's more the way that we exercise care, then he starts under a major handicap which he, or she, stays under for a long time. Are there any other views on that matter because I wouldn't like to leave that, Ben Worthington.

Ben Worthington, another Trustee, said that at a seminar at Murray House one of the important things said was that Chairmen of Management Committees needed an induction course.

BUT — Was it the Founder himself who asked a rather contentious question?

Is there any member of a Management Committee here who would have been put off joining if somebody had said to him or her 'you of course will be required to go on a short training course on the basic principles of how Cheshire Homes are operated'?

To which several indicated that they would.

Ken Tuvill, the Vice Chairman of Saint Teresa's, Penzance, said—

If a person is technically competent at his job or profession and is considered a fit person to be brought on to the Committee then I would say to him 'Join the Committee and then become a friend, and a friend of the residents. Learn from them. You'll learn far more from them than you will from any training manual.

To which Leonard Cheshire replied—

I don't believe that we as Trustees have ever said we wanted to issue a manual. A manual would put me off. One of the projects for the International Year of the Disabled Person, the Foundation was going to make as their own personal project is to produce a handbook of residential care. It's not a training manual at all, it's proposed to be a manual giving details about residents' rights, staff working conditions, and staff expectations and the things that Management Committees do. It will be useful for new residents, new staff and new members of Management Committees hopefully and people sitting on that working party might like to talk about it.

Peter Wade, Trustee—

When people become members of Management I do think we ought to offer them opportunities in which they can gain a closer more definite knowledge about the problems that the residents go through, the staff go through, that they themselves will be facing. I think it's wrong that the Management Committee should be able to stand up and say 'we know it all, we can take our time, we'll get it just by talking to a resident.' We all talk to residents. Residents talk amongst themselves. I was a resident. There is a need for more involvement, on all sides.

Administrator, Mickley Hall, Sheffield — Staff Training

My point is about the training of ordinary members of staff. I do think that everyone should have some form of induction course in order to appreciate the aims of the Homes and the needs of the residents. I think the training should be organised by the Head of the Home concerned. If the Heads of Homes are well trained the staff benefits but I think there is the need to be cautious and to guard against becoming a mini-social service. I would like to see Market Mews putting on courses similar to those run by Priory College, Oxford. If these courses were more readily available in the regions then it would be far easier to attend. I think counselling is a valuable safeguard for residents but I feel this should be undertaken by someone with experience who has the manner and approach to gain the confidence of the residents and someone who will be able to liaise with the Head of Homes to the ultimate benefit of the resident. I cannot see any way in which training can be hung on the counselling hat peg.

Harry Lowden —

I very much agree about the need for a practical sort of training for people who are doing practical jobs — the basic training in physical care. And again I agree about the use of simulation exercises to really get how it feels. Staff can give terrific support to each other at times of crisis. I also think residents can do it sometimes, in times of crisis. I see Management Committees as performing a huge role in this Foundation and support of staff in times of crisis and distress is one of them. The last speaker I agree with wholeheartedly about placing training very close to homes in regions. I'm not a believer in courses for courses sake, but I am a believer in giving people the opportunity to do things better where they're interested. Certainly I would go along with the point that has been raised constantly today— that residents can often train staff, particularly in their physical and emotional care. I have this repeated to me over and over again and certainly I go along with that.

John Debonair, Seven Springs Cheshire Home, Management Committee—

Over 50% of our Management Committee are members who have served through the Home in the capacity of voluntary helpers and so on. So that when we get to the Management Committee we've got a good grounding of what our Home is all about. We believe in having the right person in the right job.

Chairman—

This may lead us to a broader conclusion that Management Committee should be giving more

attention to now, I know it's easier said than done. It should be preliminary preparatory training so that when a person actually comes on to a Management Committee he or she has received just the sort of indoctrination and background information that Hammond Inskip also had in mind.

John Ashworth, Chairman of Dukeries House, Retford—

I welcome the fact that we now have people we can fall back on to help us with certain problems. I certainly think Management do want help. I think we need certain guidelines to show us which direction to go. I think also this new Constitution is extremely good inasmuch as its very much a team effort—and I think the other thing that is very important, which has been a great help to us, is being in the regions. Being in a region does mean that you can get together and discuss these problems, so problems get turned over. So I certainly welcome the way that the Foundation has been going in the last 12 months.

Chairman—

I am delighted to hear what you say about the regions because in my personal opinion they may well prove to be the compromise solution as between total individuality in the Homes and at the other extreme the centralisation which nobody wants, and I think that is the sort of benefit that you're describing

A STROLL WITH A SCROLL

Colin Mole, Hovendon House Management Committee, came forward with an entirely new idea in connection with the International Year for Disabled Persons and said—

I would like to put forward a brief outline of the scheme for a walk round Britain, linking all 76 Homes, 'A Stroll with a Scroll', with a two-fold aim, one to get publicity for the Cheshire Foundation and the second thing, to get a good source of income. My idea is to involve every Home to carry round from Home to Home a scroll or book to be presented to our Patron, the Queen, at the Cheshire Foundation Week next June. We have 76 Homes in the UK and my original idea was to start off from two points but I have now enlarged it to 7 starting points. People would start off from the 7 points and visit every Home and on this scroll or book they would obtain the signature of Head of Home. We would finish up in London when the book would be presented to the Queen by a lady resident and a gentleman resident from Homes selected by ballot and then the individual residents would be selected again by a further ballot. Homes would have to organise sufficient walkers to walk from their location to the

next one in the chain. It could be by anything from 10 miles to 70 miles. 70 miles sounds a lot, but when I suggested it to some friends in Lincolnshire I was immediately offered sufficient walkers to do this.

Co-Operation of Homes Needed

If you want to analyse the thing it could be completed in 3 weeks starting from 7 starting points. If you take the average person walking 4 miles in an hour and using a walking day of 10 or 12 hours the longest leg could be completed quite happily in under 3 weeks. It would need a lot of co-operation from all Homes, to get all the signatures in the book and to make the thing a viable proposition. But with your blessing, Mr Chairman, I would like to see the Foundation put this out to all Homes to see what sort of response we could get. It could be the biggest single fund raising effort for next year. The Homes would either raise their funds by sponsorship for their walkers or in addition having collections set out along the route. And I would be interested to hear the outcome, Mr Chairman, and I put it up to you formally if it could go out through the Foundation to the Homes. Maybe you would like to comment on it now.

Chairman—

Before we go any further I'd ask Bill Simpson to comment from the professional point of view and then I'd like views from other Homes. I have already volunteered to walk a mile, which was put up to 3 without my watching! It's back to one!

Bill Simpson—

I think this is undoubtedly a worthwhile project, but it is an immensely complex operation. Colin has put it so lucidly that it makes it sound rather easy and everything would depend on the working committee really working and the full co-operation of every home, but I'm sure that if we can get together a working committee that there's a lot in this. We should ask Colin if he would gather together a steering committee involving a wide variety of Homes as well as himself, myself and yourself and we have a look at this in great detail before we get committed any further. I certainly think it's a very enterprising idea, right along the lines of the sort of thing that the IYDP are calling for, they're calling for all of us in every Home and in every charity to come up with bright ideas.

Lady June Onslow, Trustee—

I think this is an absolutely super idea, can't think of anything nicer than a walk round Britain in the Spring. It is a chance for full participation as

Leonard has earlier said today for the whole community to join in.

Chairman—

It had already occurred to me to ask residents to what extent they want to join in and whether there are those who are not self-ambulant would object to being pushed in this.

Kathleen Coffey from Sandbach in Cheshire said she would be quite willing to be pushed in the walk, and others indicated that they too would be willing.

Chairman—

Thank you. I think we've got a very good seed-bed as it were for this exercise and its up to us to make sure the flowers grow. Thank you very much indeed. Changing the discussion to the matter of

THE CONSTITUTION

Brian Ball, Chairman of Management, Chiltern Home, said—

There are two points I'd like to raise. One is about assisting financially any Homes which may be in need. This did cause us a little concern. I don't think we'll ever be in that situation of having money to spare, but when we raise money in Gerrards Cross we always do it for specific purposes. We think we would have problems if we did have enough money and sent it to somebody else, the local people might react.

Chairman—

You have touched on a very sensitive subject. We did have experience where money was raised for a Cheshire Home and the Management Committee in their generosity decided to send £500 to an Overseas Home and there was an uproar. So I think we have got a specific problem here. It will be quite easy, though it may make for less local enthusiasm to say we are going to give 10% of the profits.

Brian—

My second point is really the matter of Public Relations. We're now living in changing times with changing values. We're competing with other charities, and I do honestly believe that some sort of public relations even if it is only in a small way at first would help us tremendously to get more support in the future.

Chairman—

It is for consideration whether we should hire a public relations firm and pay them a fee. Until now,

I think I speak for Leonard, we have turned our faces against that particular thing because it does mean we are effectively giving to a professional firm money that is raised for the Cheshire organisation.

Bill Simpson—

But since this matter has been raised I would like to say that we really have come into the 1980s. There's very very strong competition about and if we are going to continue to be a leading charity in terms of the money that comes into us we cannot just wait and see what's going to happen. It just isn't on. But I'd very much welcome the obvious appreciation of the fact that we do live in a difference age, that it is highly competitive, that we, i.e. at Head Office, cannot just sit back and wait and trust that money will come pouring in. I think we really have to try and do something about it and if this wasn't so I would neither have taken on the job nor would I be sitting here today.

To which the Chairman invited **Leonard Cheshire** himself to reply, and he said

I just wanted to put in a word for all the people who've worked so hard over all these years raising money. When we think we've really made up for lack to publicity by just sheer hard work at grass roots level and I wouldn't like that to be left in the record that we've sat back and waited for the money to come in. I'm all in favour of public relations, but I also feel that a lot of our strength has been in the fact that we can say that out of every pound that's given, ninety-seven pence (98.4!!) of that is going to the Homes.

APPLAUSE

Leonard Cheshire

I just wanted to put in that word for all those who've worked so hard.

Closing Remarks

After further brief discussion on varying topics the Chairman brought the Conference to a close by saying:

I would like to sum up very briefly and all that I have to say is that you have fully lived up to my request at the beginning of this conference, that you should participate to the maximum extent and you have done so admirably; and on behalf of the Founder and the Trustees, I thank you very much indeed. It does mean that we can leave here now in the knowledge that these conferences are not a waste of time. There is one particular point though that I would like to finish with. I would say with great sincerity that none of us, particularly ourselves at Market

Mews, should forget that the basis of the Foundation still consists of the work that is done in the Homes, by you, and that remains the enormous mass of the iceberg that is below the surface of the sea.

Dedication of Staff at Market Mews

One final point—let us not overlook the carhorses of Market Mews! I, who have been pulling the plough for a very long time and the new tractor that has been introduced is not going to replace those cart-horses, and I would like to pay a sincere tribute to everybody who works in Market Mews—the conditions under which they work emphasise their dedication. There are very few people who would be prepared to work as hard as Arthur Bennett and all his staff and all the specialist people do in Market Mews and I know that you too appreciate that.

APPLAUSE

Thank you very much indeed for coming, for making this an extremely worthwhile conference and for giving us new confidence, both for the International Year of Disabled People and for further in-house conferences that we have within the U.K. Thank you all very much indeed.

APPLAUSE



RAFFLE IN AID OF OUR OVERSEAS HOMES

It has been decided to run a raffle throughout the United Kingdom during the International Year of Disabled People to raise money for our overseas Homes.

The raffle will be drawn on Saturday 27th June 1981 at the London Tara Hotel during the Cheshire Homes International Week.

Due to the kindness of individuals and companies there are some very attractive prizes to be won including 2 return air tickets to Bermuda; a two week holiday for 2 in Ibiza; a Harrods voucher for £50.00; cases of whisky; a sheep; wine etc.

The cost of each raffle ticket will be 10 pence. They will be in books of ten tickets and therefore, each book will cost £1.00.

In order to cover as wide an area as possible, the help of anyone who feels they can sell books of raffle tickets is needed. There is no personal financial commitment as any books that cannot be sold may, of course, be returned.

If you would like to become involved selling raffle tickets to help our Cheshire family overseas please contact:

Nicola Baly, 53 Richmond Street, London W.6.
Tel: 01-749 2791

CHESHIRE HOMES INTERNATIONAL WEEK

C. H. I. W. 23rd — 30th June 1981
London Tara Hotel

H.M. THE QUEEN TO ATTEND CONFERENCE RECEPTION

From 23rd to 30th June, 350 delegates will meet in London for the Foundation's main contribution to the International Year of Disabled People. They will come from the 37 countries where the Foundation has Homes. Residents, staff and members of Management Committees all will be represented from Thailand to Trinidad and from Dumfries to Durban.

There will be Sessions at the Conference on Regionalisation; alternative forms of Care, and on Funding. There will also be ample opportunity to talk about the things YOU want to talk about.

Our Patron, Her Majesty the Queen accompanied by Prince Philip will also attend an Evening Reception during The Week. Many other social events have been arranged. The Government through the Department of Health and Social Security will host an evening; and there will be many other events before and after the Conference which will, it is hoped, delight all the delegates—military bands, boat trips, and theatre visits, while many of the delegates from Overseas will be staying on as the guests of Homes in the U.K.

During The Week there will be a permanent exhibition of aids for the disabled arranged by The Disabled Living Foundation at The Tara Hotel, Kensington, where the Conference will be taking place.

To meet, to talk, to plan the future will be of great importance and value.

Each of the 190 Homes in the world has been asked to send representatives. Names are coming in fast! Don't leave it too late! Write now for your application form to:

The Secretary, C.H.I.W., 3 Market Mews,
London W1Y 8HP.

ANNE SPARKES of The International Office at Market Mews writes—

Plans are taking shape well and we can promise everyone who attends a wonderfully full and rewarding week in London next June.

Already we know of thirty residents coming from the following places—Portugal, Ireland, Ontario, Jamaica, India, Kenya, Nigeria, Mauritius, South

Africa, Philippines, Singapore, Malaysia, Hong Kong, Papua New Guinea.

Over half that number are keen to stay on and visit a Cheshire Home in the UK. We are so very grateful to the UK Homes who have offered hospitality following the week in London.

The idea of Exchange Holidays is also exciting and I very much hope some brave residents in the Homes here will feel spurred on at this opportunity to visit some far flung part of the world knowing that once they reach their destination it will be free and that they are also enabling someone from another country to enjoy their place in their own Cheshire Home.

Soon we will hope to hear from people in UK Homes that they would like to join the happy party. Those who can arrive by lunch time on 24th will be in time to enjoy the entertainment being laid on for us at Imber by the Police—including Horses, Dogs and Gymnasts. I am sure this will be a highlight. Police Cadets will do escort duties for all who need them—even girl Police Cadets for the female residents. Cadets will arrive at the London Tara early in the morning and be dressed informally in jeans and jerseys except for important events—the Opening session of the Conference in Kensington Town Hall on 25th morning for instance, when they will be in full uniform.

The Seven Springs Music Group will be playing to us one evening whilst others may accept the invitation to a barbecue in the garden of one of our Committee. The options are many and it is hoped free Theatre tickets will be available on one or two evenings.

I hope to give further details at a later date but maybe this will encourage some of you to apply to stay in London for this very important week next June.

On Sunday 28th everyone will be transported to Le Court for a Marquee Lunch. A Military Band will be playing and other exciting things are planned but it is a shame to promise too much until things are signed and sealed.

Monday 29th will be a day of options—visits to workshops and such or a Thames Boat Trip or sightseeing around London and of course many will be keen to shop for souvenirs to take back with them.

I feel sure that residents from overseas will be 50 or more by the time I have heard from all the Homes who have not yet replied. I hope there will be as many from the UK too. It will be helpful to have applications early rather than last-minute.

UK Homes have been generous in offering their Ambulances and volunteer drivers and again may I stress that we cannot have too much transport. We have estimated that the cost is £250 to fund one overseas resident in London for the week and I believe we have already had funds to cover 16 or 17 residents—or the promise of that amount. Thank you all so very much. It is truly such a communal effort and this brings us all together in a true family spirit.

The Conference sessions apart from 25th morning will take place at the London Tara on 25th afternoon, morning and afternoon of 26th and 27th if this amount of time is necessary for the many important topics on the Agenda but these details are not yet firm. The Disabled Living Foundation will have a permanent display of simple aids suitable for copying in poor countries. It is hoped some people will bring simple aids over which they feel others may benefit by and copy easily.

HOLIDAY EXCHANGES—There is enormous potential for residents in the UK to plan an exchange holiday somewhere else in the world. The first exchange planned is between a resident in London, Ontario and a UK resident, but ALL the residents in that Home would love to visit England for periods of 3 weeks if this idea appeals to any residents in the UK. This does not mean that exchanges must only cover the special June week. It is simply another excellent result and a contribution towards better mobility and better International understanding.

ESCORTS—We are unsure how many we may need for overseas residents but to have a list of volunteers in case of need from young members of staff in UK Homes would be great.

TRANSPORT—We cannot have too much! Any Homes who can spare vehicles during the week for use in London for themselves and others will be very popular.

FUNDS—Any contributions towards the expenses of this week will be much appreciated. Most generous donations have already been received from some Residents' Committees and Management Committees.

Around the Homes

THE COTSWOLD HOME

Bob Hughes sends us the following report of recent activities

"Earlier this year Jack Threadingham, OBE, relinquished his post as Chairman of the Management Committee, and the residents presented him with six engraved glasses to match the decanter we gave him at the opening of the Jack Threadingham Extension to the Home.

As always, we appreciate the young ladies who come to do voluntary service each year, and quite a few of them have found their vocation in nursing in hospitals throughout the country. We would mention Paula from St. Albans who was quite young and was chosen by the C.V.S. to represent their organisation at a garden party held at Buckingham Palace.

At the moment, Eva, a Danish girl who was here in the summer, has returned to help for a few months, and we also have an equally charming Japanese girl who comes from Tokyo, and is at the same time improving her English.

This year four residents availed themselves of holidays on the Continent which were sponsored by Tewkesbury Rotary Club. Barbara was the first, and went on a pilgrimage to Rome by Jumbulance. Later Louise and Bill went to Holland, and witnessed the Paraplegic Games. During their stay they were centred in Amsterdam, but daily they had wonderful excursions, including a journey down the Rhine when they saw the lovely Cologne Cathedral. Janie was full of praise after her visit to Switzerland.

We were pleased to see residents from various Homes here on holiday, and trust that their impression of the Cotswolds was up to their standards.

We have had several outings for tea and entertainment, including one to the Society of Friends at Cirencester, and another to the Mothers Union at Barrington. The W.I. at Witcombe also gave us a splendid time.

Our annual visit to the Aero Club at Coventry Airport was again a resounding success, as was the one to the Andoversford Show and Gymkhana. At the latter Thelma won a silver cup for a painting.



Gardening at Hydon Hill

EXCITING DAYS AT HYDON HILL

These are exciting days at HYDON HILL where the Foundation were given about 15 acres of woodland amongst which were wartime wooden hutments. During the last 5 years Forward Planning, consisting of Committee members with staff and residents' representatives, has laboured hard to produce a Home with everything economically possible for the convenience and comfort of the 39 physically handicapped residents. The ever more stringent but essential fire regulations were a great spur in hastening the construction of the new 22 single and 8 double rooms which, together with the new nursing centre, were opened in 1976.

In 1979, a start was made on the building of the residents' new lounge, dining room, kitchen, store-rooms, reception and offices and these were



Edward Soutter cuts the tape opening the new complex, surrounded by Chairmen of the Residents' Committee, Sheila Phillips, of the Management Committee, Lady Griffin, and of the Cheshire Foundation, Sir Christopher Foxley-Norris.

officially opened in June this year by Mr Edward Soutter, our oldest resident who has been at Hydon Hill since 1962.

To finance this rebuilding, a Rebuilding Appeal Committee composed of prominent local residents and members of the Home's Committee was formed. Their unflagging endeavours engendered much magnificent generosity by Trusts, Companies and Friends that, coupled with every conceivable fund raising event organised by Support Groups and the Home, over £400,000 has been raised and the availability of interest free loans from the Foundation enabled us to finance the balance.

The opening was a happy family occasion in the presence of Air Chief Marshall Sir Christopher Foxley-Norris, GCB, DSO, OBE, Chairman of the Cheshire Foundation, many distinguished guests and representatives of Trusts, Organisations, Support Groups and over 300 Friends of Hydon Hill. Lady Griffin, Chairman of the Management Committee, expressed thanks for the very generous financial assistance towards the cost of this vast rebuilding programme.

Funds are now being raised to permit the modernisation of the remainder of the hutments housing the staff, laundry, chapel, concert hall etc. which we cannot afford to rebuild.

(See also Cover Picture — A Mouth Painting by J.B. of Greenacres)

SEVEN SPRINGS RESIDENTS VISIT PALMA

The nine residents of SEVEN SPRINGS who, with 10 Care Staff set out late in September from Gatwick for Majorca, had a very pleasant surprise waiting for them

when they touched down at Palma. They were met by Ampara Sanchez Serra, a young Spanish girl who had spent 12 months at Seven Springs on attachment to the Care Staff. She had travelled by sea from Valencia to Majorca.

A really exciting holiday was enjoyed by both residents and Care Staff. So much depended on the Staff, and they rose to the occasion magnificently. In addition, many of the hotel guests were anxious to lend a hand, and they really enjoyed joining in the various activities. They undoubtedly helped to make the holiday the success it was.

The first night at the hotel went with a bang. It started quietly enough but, in no time at all, the Seven Springs Swingers had taken over from the local DJ and made things hum. The days passed all too quickly with shopping, bathing and lazing the chief activities. The final evening was made a special occasion, and a memorable farewell party took place in which literally everyone joined.

So many people helped to make this holiday an outstanding success. They can rest assured that their efforts were really worth while.

GLOVES OFF AT LE COURT

The history of developments at Le Court over the last 20 odd years has been told in a very forthright manner by Brian Line in a chapter he has contributed to a recent publication dealing with residential care. *

He gives a vigorous account of differences of opinion and personality clashes in the relationships between residents, staff and management committee. Eventually, and no doubt largely through the "shop floor" efforts of Brian himself, these 3 elements combined to achieve a unity of purpose. At times

Seven Springs holidaymakers setting off from Gatwick

Photo by Kent & Sussex Courier with acknowledgments and thanks

* Residential Care: a reader in current theories and practice, by R.G. Walton and Doreen Elliott. Pergamon Press. £9 Paper-back £18 Hard-back



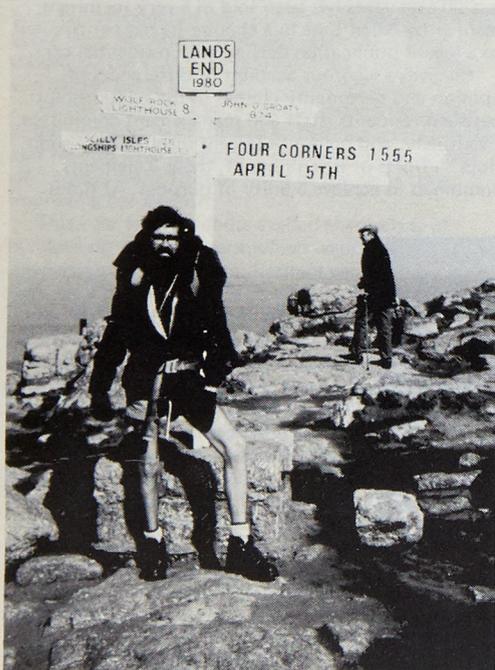
the residents must have felt that there was no common purpose, and that they were pursuing entirely different objectives to those towards which staff and committee were striving. Positive results were eventually achieved, and the present arrangements appear to have that degree of flexibility so essential to success.

It takes a deal of courage to make a stand against the establishment. But, whilst readily conceding that the new pattern which has emerged at Le Court is largely due to "resident action" we cannot help but feel that on many occasions some staff and committee members must have shown a sympathetic attitude to the residents' aims.

It is possible that Brian's chapter entitled, "Resident Participation; a Consumer View", may be available as a sole publication. It is very readable, and would no doubt set off a lot of useful discussion in many Homes.

A WALK WITH A DIFFERENCE

Richard Wilson enjoys walking. He must do; he's just walked from Land's End to John O'Groats. Not the usual grotty way either; not for Richard the shortest possible route. Much too mundane. So he added four more points—Lizard Point, Lowestoft Ness,



Richard Wilson at Land's End at the start of his walk, 5 April 1980

Ardnamurchan Point and Dunnet Head—to the two main points of his journey.

This meant a journey of 1500 miles which Richard completed in 92 days. He spent 76 nights under canvas and because it was impossible to carry the 50 one-inch ordnance survey maps he required, he selected eight post offices along his route to which he sent parcels of maps. Certainly, a journey of this nature needs a lot of organisation.

Why does he do it? His own explanation is that he is in search of "fleeting moments of ecstasy" and he is willing "to pay a very high price for these brief, unreal glimpses of the real world". In addition, he hasn't got a weight problem, and LLANHENNOCK benefitted to the tune of £700 from his efforts.

Well done, Richard!



ELSIE SMITH, who was one of the first residents at GREEN GABLES, passing her driving test at 73.

Overseas

MOROCCO

QUEEN ELIZABETH VISITS FOYER KOUTOUBIA CHESHIRE HOME

Steve Brautigam and Ricki Morell

On Monday, 28th October 1980 at 6.07 pm the front doors of the Foyer Koutoubia Cheshire Home in Marrakech swung open to welcome Her Majesty Queen Elizabeth II of Great Britain, and her husband, the Duke of Edinburgh, together with the British Ambassador to Morocco, the Pascha of Marrakech and other local dignitaries. Under the glare of television lights, the Queen greeted the four American Peace Corps volunteers who administer the Home, the Moroccan staff members who have worked at the Home since its inception and the thirty boys and young men who work, study and play at the Home.

With Peace Corps volunteer, Ricki Morell, serving as guide, the Queen and the Duke of Edinburgh toured the Foyer's therapy room, classroom and main courtyard, stopping to admire a display of handicrafts made by the Foyer Co-operative. Throughout the visit, Her Majesty was attentive and gracious. She made a point of speaking to several of the younger boys seated on rugs and excitedly waving small Union Jacks; and she proved to be knowledgeable about the problems facing physically

handicapped persons in Third World countries. The Duke of Edinburgh was also very affable and traded joking lines in French with the Foyer's older boys.

The royal couple signed the Foyer Guest Book, posed for photographs and listened with amusement as the Foyer boys worked up a rousing and creative rendition of "This Old Man", the children's song, in English. Unfortunately the visitors couldn't stay for tea and, saying their good-byes, the Queen and her entourage filed back up the steps and out on to Avenue Mohamed V, where limousines awaited them.

When all had departed, the Foyer members were left to drink tea with the few Moroccan officials who had decided to remain behind. Seated on the plush Moroccan carpets covering the courtyard, everyone sipped tea with a mixture of relief and excitement.

"Well, we made it." How did it happen?

In early September we heard that Queen Elizabeth would be undertaking the first royal visit by a reigning British monarch to North Africa. We immediately thought that if Her Majesty were to come to Marrakech, she should visit the Foyer Koutoubia Cheshire Home, which was founded in 1967 and has been staffed by American Peace Corps volunteers for the past five or six years.

We had a favourable chance for a royal visit: we reasoned that as the Foyer was a good example of Anglo-Moroccan co-operation the politics of the visit seemed propitious. In addition, the Royal Family was known to take an interest in philanthropic activities; indeed, Princess Margaret had visited the Foyer several years earlier.

Ricki wrote a careful letter to Mr. Dawbarn, the British Ambassador, asking about the Queen's itinerary and suggesting a visit to the Foyer. His reply was prompt, gracious, but not encouraging. Nevertheless, should the Queen come to Marrakech he would recommend that she visit the Foyer.

HOMES ARE BEING SQUEEZED BY V.A.T. WHILE SPORTS CLUBS GET CONCESSIONS!

Considerable anger has been aroused by the Government's decision to refuse Charities such as The Leonard Cheshire Foundation relief from V.A.T. while Sports Clubs have just been granted a concession on tax to the extent of about £5 million a year.

Pressure is being brought to bear on the Chancellor to make similar concessions to charities caring for children, disabled people and the elderly.

An approach has already been made to the Chancellor indicating that when the Social Services are cutting back on grants and support, some Charities

are suffering disastrous financial reverses, while local Authorities who provide similar services, often at a much higher cost, are exempt from the VAT charge.

The main items incurred by such Organisations as the Foundation are property maintenance, laundry bills, the purchase of equipment (some of it medical) vehicles etc. etc.

Section 15 of the Finance Act of 1972 exempts certain Public Utility Undertakings from the tax, but provision is made for it to be extended to 'any Body specified for the purpose of this section by an order made by the Treasury'.

This is a matter which might with good effect be put before all the M.P.'s representing Constituencies where there is a Cheshire Home, particularly pointing out that this is The Year of Disabled People. Write to your M.P. today!

However in mid-October Sir Henry Marking, Chairman of the Overseas Committee of the Cheshire Foundation International, came to Marrakech, and hearing that Her Majesty would in fact be visiting Marrakech, he telephoned the British Embassy in Rabat to urge that she should visit the Foyer, and told us to be ready for the visit.

While the press and television began to trumpet the arrival of the Royal couple, we waited. Madame la Comtesse de Breteuil, the indefatigable Vice-Chairman of the Management Committee told us to keep the children home from school on Monday, just in case.

That Monday morning things started happening quickly. Men came and poked through closets and under beds looking for security risks. A nervous man from the city government called to ask whether we had rugs to decorate the place and promised to send some over, along with a tea service. The schools were closed and the streets of Marrakech were hung with banners proclaiming a grand welcome to the British sovereign. But still we didn't know if the Queen would really come.

By three o'clock, however, a royal visit seemed almost certain. The city sent over still more decorations, including hundreds of paper red and green Moroccan flags, and enough paper British flags on sticks for each of the boys to wave when the Queen entered.

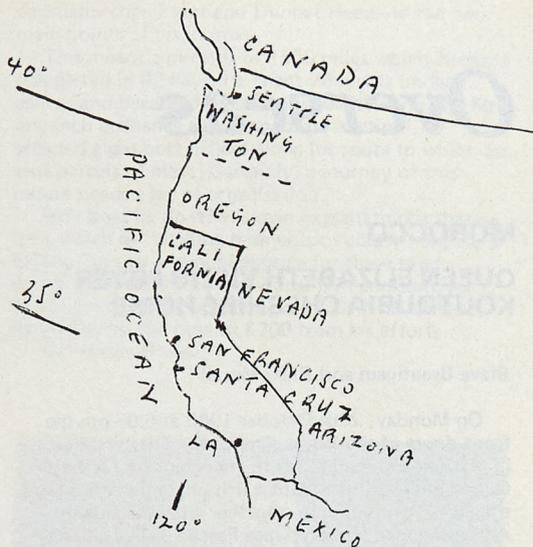
The children and the staff scrubbed the house and hung up the decorations. We stood by the door and waited nervously. When Her Majesty finally entered we greeted her much as we would have greeted any other kindly British visitor who had come to visit our Home. She was given the "grand tour", introduced to all the children and asked to sign our guest book.

Indeed, after her brief stay, one was tempted to wonder if the unassuming lady wearing a hat of roses and a blue and white shirtwaist dress really had been Her Majesty Queen Elizabeth II of Great Britain!

GREETINGS FROM SANTA CRUZ! CALIFORNIA, U.S.A.

As the International Year of the Disabled is upon us, we feel proud to be an integral part of organisations which provide much needed services to the disabled community.

Cheshire Homes of Santa Cruz currently operates three houses which offer accessible housing arrangements to adults with physical disabilities. Two of the homes offer a room and board situation, with 24 hour live-in Manager, who cooks two meals per day. These sites have been operating since April of 1979, when Dorothy Nicholl and Ron Travers co-hosted the ribbon cutting ceremonies. The third site, graciously opened by our founder, Leonard Cheshire,



began accepting residents in April of 1980. It is this third house, the Santa Cruz Cheshire, which offers Independent Living situations. The four residents learn to cook, shop, budget, and other independence skills, which then offers them the option of moving into their own apartment if they desire.

Our latest project has been purchasing and modifying a van for the residents' use, with a grant of \$10,000 from a private Foundation. All the tenants are quite excited about it, as it offers them the opportunity of night activities such as performing arts, concerts, exhibitions, or even a drive to the ocean to view the full moon.

Within the next year we would like to begin planning for our fourth Cheshire Home. We see this as purpose-built, accessible apartments, with a main gathering room, offering yet another step or option in the housing market for adults with physical limitations.

Many of the residents have expressed interest in the idea of "exchanging" rooms with other Cheshire residents for a short vacation. Due to limited incomes, many could not exchange with our European homes, but perhaps some of the closer homes, such as Canada Cheshires, would be feasible. In any case, other interested residents that are willing to correspond their ideas on that subject can write to the addresses below. I'm convinced if we all work on it, IT CAN HAPPEN!

Wishing everyone the best for 1981,
Lori Giuliani, Executive Director
Cheshire Homes of Santa Cruz County, Inc.

Santa Cruz Cheshire	Watsonville Cheshire
1125 Rodriquez	161 Miles Lane
Santa Cruz, Ca. 95064	Watsonville, Ca. 96076

McLEOD HOUSE, TORONTO

'A Stepping Stone'

McLeod House is a residential group home for five physically disabled young adults. Our home is located in one of the finest old sections of downtown Toronto which is called the Annex area.

There are many shops, markets, cafes, theatres and galleries in our community which are accessible for those of us in wheelchairs.

The philosophy of McLeod House is that it is to be seen as a stepping stone for residents. An alternative living accommodation where the major focus is on developing short and long term goals for themselves, to develop a sense of independence, and skills which are essential for day to day tasks—no matter how large—no matter how small.

All residents are involved in a variety of affairs, ranging from education (community college) to volunteerism to employment.

All residents co-ordinate and prepare meals, grocery needs, laundry, minimal housekeeping and quite often assist with speaking engagements out in the community for various groups as well as assisting with interviews.

Recently, three of us took part on a CBC television programme entitled, "Sexuality and the Handicapped Persons". This filming went so well that the producer of the show decided to run a second series on the same topic.

We strive to do these interviews and workshop/seminars as an educational benefit for the general public so that they might gain knowledge around some of the needs of the handicapped population.

We wanted to say 'hello' to every Cheshire Home around the world and thought you might be interested in hearing some of our comments around our activities.

We feel good about our home, each other, and most importantly, ourselves.

McLeod House Residents: Paul Stevens
Rod McFadyen
Melanie Rodgers
Lear Warner
Paget Balint

FOUNDATION STONE LAID AT NEW CHESHIRE HOME IN DACCA, INDIA

Speaking at the foundation-stone laying ceremony at the new Cheshire Home to be built at Attara Model Town in Dacca, the Vice President Mr Justice Abdus Sattar paid tribute to Group Captain Leonard Cheshire for his dedication to the cause of humanity in distress. He said that he had the vision of providing

homes to the needy no matter which country they hail from and what race or creed they belong to.

The Home will be built on land allotted by the Dacca Improvement Trust, and the American International Bank was very liberal with a donation towards its construction. This will be the first permanent Home for the Foundation which has been operating in Bangladesh since 1975.

The Vice President said he hoped the vision which had helped the Home to materialise would make it possible to add more such homes in his country to the cause of caring for the needy.

WHAT IS A "CHESHIRE HOME"?

A Cheshire Home is a real home, in the normal family sense of the word. It's any kind of a suitable building, of almost any size, where all kinds of physically disabled people enjoy the fullest lives they can manage. One thing the residents have in common is a deep desire for a creative, purposeful life, above all a life of their own choosing in a family environment of affection and encouragement.

DEFINITION FROM CHESHIRE HOMES of
Arlington, U.S.A.

SINGAPORE HANDICAPS WELFARE ASSOCIATION

Handicaps' Monthly, the official publication of the Singapore Handicaps Welfare Association, is a lively, well produced and entertaining publication.

There is a variety of interesting contributions and I particularly like the short stories with handicap as the main theme. If "Smile" readers care to follow suit, all stories submitted will be carefully considered for publication.

A recent issue of Handicaps Monthly contained a report on the sporting activities of the Singapore disabled. Ten pin bowling is popular, and Kallang Bowl has 62 lanes and is open 365 days a year. H.W.A.'s 20 strong team, which includes 10 women, practices every Sunday, and competes in matches against the Singapore Association for the Deaf and the Society for Aid to the Paralysed. Swimming is also tremendously popular and the Association's representatives won 7 gold, 7 silver and 3 bronze at the carnival organised by the Singapore Sports Council for the Handicapped.

Susie Ng represented the Association at the International Meet for the Physically Disabled held



in Hong Kong, where she won golds in shot-putt, 100 metres dash, javelin and swimming. She swam "with the grace of a porpoise", says the report. Our picture shows Susie at the Kallang Bowl, rolling her 9-pound ball. She made a strike (I'm not surprised).

F.C.B.

AID FOR THE THIRD WORLD?

Understandable concern is being expressed about a recent report that the British Government is giving £4 million to provide a 650 bed hotel and other services, on a small Caribbean island with a population of 7,000 with no problem of unemployment. It would appear that all the scheme will do is to provide a bigger and better holiday paradise for the 'haves' but provide little in any way for the islanders themselves. With so much needing to be done in the Third World, as was emphasised by Leonard Cheshire at a conference recently, to prevent further recession and indeed to reverse the present fast running tide, the Western Nations must face up to their responsibilities. Such a scheme as that in the Caribbean can hardly be seen as a step in the right direction.

MRS ALMA C. LINK AN APOLOGY

We do offer our most profound apologies to both Group Captain Leonard and Mrs Alma Catherine Link for the dreadful reproduction of her photograph which appeared on p.7 of the Autumn issue of THE SMILE, and can only hope that the one of



Mrs Alma Catherine Link
with her husband

her together with her husband Mr Herbert Link, who himself has given such valuable help to the Foundation in Thailand since the start, will do something to restore the tribute which accompanied it, that of a very gracious lady who has given of herself unstintingly in the care of the disabled and underprivileged in Thailand.

Printers' Note: Unfortunately many items submitted for publication are accompanied by 'photographs' which are in fact cuttings from newspapers or magazines, which will rarely give a satisfactory reproduction—wherever possible original photographs should be sent to avoid disappointing results.



MR NORMAN WHITELEY'S REPORT

The past twelve months have gone by so quickly that it does not seem a year ago that I was writing my last Annual Report. The Wheelchair Fund (Overseas) had one of its best years financially and so was able to provide 127 wheelchairs and medical equipment with more in the pipeline.

This would not have been possible without generous help and I would like to thank the many donors, including Rotary Clubs and Inner Wheel Clubs of Great Britain, Rotaract Clubs, and Mr R F Budd for his generous donation of £500. Kingsdale School's Military Band again played at Waterloo Station and raised the magnificent sum of £274.32 which was better than the previous year's all time record. It was achieved during two hours one afternoon just before Christmas between 2.30 and 4.30 pm, the weather being cold but fortunately there was no wind blowing.

Again the wheel chair manufacturers have been very helpful in holding prices down and I have been able to buy chairs with reasonable discounts. Wheelchairs have gone out to Sri Lanka, Kenya, Nigeria, Marrakech, Tangier, Zambia, and Bangladesh. I sent 50 chairs to Bombay and a further 18 to Kenya.

The requests for wheelchairs and medical aids are ever increasing. I have been asked for help in Trinidad, Nigeria, India, and Kenya, and I am going to try to assist our Homes in Sierra Leone who also need help. My aim to help our Uganda Homes unfortunately did not come to anything due to the continuing troubles out there, but when the time is right they will need a lot of help and support to put their Homes back in order. The needs will not just be wheelchairs but crutches, walking aids, medical equipment, and help will be needed to rebuild their workshops with equipment such as sewing machines and materials etc, also some sort of transport to get the children to and from the hospital.

The Wheelchair Fund is growing year by year and the demand for chairs is increasing all the time, also the call for spare parts for chairs is ever increasing.

In addition I am getting requests for other medical equipment such as walking aids, a commode wheelchair, and I have had a request for an artificial larynx for a young man who is working in one of our Homes in India and who, while studying at the university underwent an operation for cancer which involved the removal of his larynx. The cost of the artificial larynx is being met by himself and friends; the fund is making enquiries as to what is most suitable for his needs and will send it out with other medical equipment needed for the residents in the same home.

At the beginning of the year I sent out some 500 letters to International Companies and International Trust Funds. Many did not answer my letters but those that did sent a total of £575, against a cost of £50 postage plus envelopes, and I was very pleased with the result.

In the past year I have been able to give advice to other organisations and individuals within and outside the Leonard Cheshire Foundation on wheelchairs and other medical equipment etc, also from time to time I am offered electric wheelchairs and other aids which I have been able to place where there has been a need. Helping in this way people who need help and advice can only be good for the Wheelchair Fund (Overseas) and the Leonard Cheshire Foundation generally. I also feel that it is good public relations.

Due to pressure on space the Income & Expenditure Account is held over until the next issue

THE LEONARD CHESHIRE FOUNDATION & IYDP

During the last week in June the Leonard Cheshire Foundation International is having an International Week in London, and it is hoped to bring together people from many of our Overseas Homes. Some of the overseas Homes will be sending a resident and many of our U.K. Homes are sponsoring them, also some will stay in U.K. Homes and have a short holiday. The Wheelchair Fund is hoping to be able to provide wheelchairs and any other medical aids that are needed.

LETTERS TO THE EDITOR

Dear Sir,

Freedom of choice and participation in decision making are the most important issues concerning physically handicapped residential Homes.

As Mrs. Christine Emery said in her letter in the Spring issue of the Smile, there are two kinds of physical handicap; those who have been handicapped since birth or by accident, etc. and those who have progressive diseases. I can understand those who are ill not feeling like participating in the running of the Home. They need to be 'nursed. in the true sense of the word, as people are in hospital.

Physically handicapped people who are not ill do not need nursing. They only need help to do the physical things which they cannot do themselves. (Cooking, dressing, washing, etc.). They are usually more willing and able to have the responsibility of taking decisions which affect their own lives. It must be very demoralising for 'fit. handicapped people to live in a Home where there are many ill people because their illness is bound to create a 'hospital. environment — just the thing the others do not need.

Surely the answer to this problem is to have two kinds of Homes for the two kinds of handicapped people. One staffed by nurses, the other by 'helpers. who would need no medical training.

I am physically handicapped myself and have visited and taken a great interest in a Home for the past eight years.

Yours sincerely,
Ann Taylor (Miss)

Cann House
15th Dec. 1980

Dear Editor,

I have worked at Cann House for nearly 21 years and have often wondered if there is any other nurse who has worked at one home for so long. I have seen many changes and so many for the better.

Why not get staff to write in and then we can get to know the longest serving member in the service.

I have visited several Homes and even did a working holiday at Le Court. They are all great in their way, but to me there is NO Home as good and as well run as Cann House. Of course you will say, and quite naturally, that I am biased. But I am just being honest. After 21 years does not this speak for itself.

I have seen many staff come and go. I think the most important thing is give and take on both staff and residents sides. Once you get over these hurdles it is plain sailing.

Yours sincerely,
Rosemary Harris S.E.N., B.T.A.

International Year of Disabled Persons



LORD SNOWDON TO BE ENGLAND'S IYDP PRESIDENT

The Earl of Snowdon, GCVO, has accepted an invitation to be the President of the International Year of Disabled People (England).

The Year is extremely fortunate to have him as their President, with his wide practical experience of working with and for disabled people: as photographer, prize-winning documentary filmmaker (Don't Count The Candles), designer (the 1972 Chairmobile) and Chairman of the Snowdon Working Party on Integration of the Disabled.

In addition, Lord Snowdon is a Member of Council of 'Action Research'—The National Fund for Research into Crippling Diseases.

The Fund is administering The Earl of Snowdon Award Scheme for Physically Handicapped Students. The Scheme is designed to assist "students who, despite their disability, have shown outstanding talents in the arts or sciences" to take up places of higher education.

The Scheme, which aims to award one or two annual bursaries (up to £1,000 per annum for two to three years) to disabled people aged 18-24, was made possible by a charitable trust set up in 1960 into which Lord Snowdon put all his earnings from reproduction fees of photographs he has taken of the Royal Family over the past twenty years.

Because of IYDP, Lord Snowdon hopes that the trust fund, which now stands at around £10,000, can be increased by donations to at least fifty thousand pounds.

NEW ERA

About the Year itself, Lord Snowdon told IYDP News that it should not be "just a Year. It should not be just twelve months that are forgotten immediately afterwards and left to gather dust but that it will mark a new era.

"We're not talking about charity, or sympathy. We're talking about understanding and equal opportunities that the rest of the community sometimes take for granted. Opportunities, wherever possible, for disabled people to work, and to enjoy their leisure time. To go where they want when they want. To make decisions for themselves, rather than have them made for them.

"It's not only social barriers that need to be broken down but architectural, economic and other barriers as well. What one's got to do is to show that we're all disabled in some way. We may wear glasses, or have a bad leg, or be hard of hearing. And when we need society's help and understanding we should be able to get it."

THE SNOWDON AWARD SCHEME

Readers of Smile will recall that, in the Summer issue, attention was drawn to Lord Snowdon's intention to place in a trust fund all the emoluments he had received in respect of his photographs of the Royal Family. Action Research - The National Fund for Research into Crippling Diseases, was invited to administer the fund, now known as the Snowdon Award Scheme, and we give below details of the proposed operation of the Scheme.

THE SNOWDON TRUST FUND

Over the last three to four months Lord Snowdon's original trust fund has been augmented by contributions to his personal appeal, bringing the total to date to some £53,000 with a further £11,000 gross under promise by deed of covenant. It is the income from investment of these capital sums which will be used to effect awards under the Scheme and it is hoped that further contributions to the trust fund will be forthcoming thereby ensuring that the financial value of the awards can be maintained in the years ahead, perhaps to the extent of making a greater number of awards than will be possible in the first year.

THE SNOWDON AWARD

There will be two categories of award:

- a. A bursary or bursaries awarded annually to one or more needy physically disabled students in the arts and sciences in the age group 17 years but preferably under 25 years for the purpose of assisting the beneficiary to pursue some academic or scientific achievement which might otherwise be beyond his or her financial means on account

of disability; such bursary to be for periods of either one or two years each (not less than £1,000 per annum in value) and awarded on the recommendation of a specially appointed selection panel.

- b. An annual presentation of small value (a symbol of the Award) to a person who in the opinion of the trustees most contributed to the relief of and service to disabled people during the previous year. (It is not binding upon the trustees to select such a person every year but only when an outstanding contribution is evident).

SELECTION FOR THE STUDENT CATEGORY OF AWARD

The scheme will be advertised in January and applications invited from those eligible in accordance with the following general criteria:

- a. The applicant must be physically disabled and over the age of 17 and preferably under 25 years of age at the commencement of the period of education or training to be supported.
- b. The applicant must have been offered an opportunity for further education or training in the sciences or arts, and be able to demonstrate financial need in taking advantage of such opportunity.
- c. Although not essential it is hoped that one recipient indicates a desire to be or is already involved in research work into some aspect of disability be it medical, paramedical, social or environmental.

A simple form of application will be available on request from the headquarters of Action Research - The National Fund for Research into Crippling Diseases, Vincent House, Springfield Road, Horsham, West Sussex RH12 2PN. Applications will be required by a firm closing date each year. For the first year of the Scheme the time-table will be:

- a. Applications invited following advertisement in January 1981.
- b. Closing date for return of applications for the student award—31st March 1981.
- c. Selection process culminating in interviews of short-listed candidates to be completed by the end of June 1981.
- d. Presentation of awards to take place in the Houses of Parliament—July 1981.

1 The Leonard Cheshire Foundation

Registered as a Charity Number 218186

Leonard Cheshire Homes care for the severely and permanently handicapped—those for whom hospitals can do nothing further. They are run as homes, and offer the affection and freedom of ordinary family life, the residents being encouraged to take whatever part they can in the day-to-day running of the house and to develop their remaining talents. Disabled people are admitted according to need, irrespective of race, creed or social status.

The Management of each Home is vested in a Committee as representative as possible of the local community. The Leonard Cheshire Foundation (a registered charity) is the Central trust, and has ultimate responsibility for all the Homes. It owns all the property, and acts as guarantor to the public that the individual Homes are properly managed in conformity with the general aims of the Foundation. Similar charitable trusts have been established to control the Homes overseas.

7 Market Mews, London W1Y 8HP
Telegrams, Cheshome, London, W1
Tel: 01-499 2665

Patron: Her Majesty The Queen

Founder: Group Capt. Leonard Cheshire, V.C., D.S.O., D.F.C.

Past Chairmen:

The Rt. Hon. The Lord Denning, P.C.

Professor Geoffrey Cheshire

The Rt. Hon. Lord Edmund-Davies, P.C.

Chairman: Sir Christopher Foxley-Norris, G.C.B., D.S.O., O.B.E., M.A.

Trustees: Peter Allot, Esq./Dr F. Beswick/Group Capt. G. L. Cheshire, V.C., D.S.O., D.F.C./Lady Sue Ryder Cheshire, C.M.G., O.B.E./R. E. Elliott, Esq./Mrs P. K. Farrell, J.P./D. Greig, Esq./Dr Wendy Greengross/G. Reid Herrick, Esq./J. H. Inskip, Esq., Q.C./B. R. Marsh, Esq./Sir Henry Marking, K.C.V.O., C.B.E., M.C./Lady June Onslow/Mrs G. Pattie/D. M. Roe, Esq./Peter Rowley, M.C./Mrs P. Rowntree/J. Threadingham, Esq., O.B.E./N..R. Trahair, Esq./J. V. Tindall, Esq./Mrs E. Topliss/H. Turner, Esq./P. Wade, Esq./R. B. Weatherstone, Esq./B. Worthington, Esq.

Director: Mr Arthur L. Bennett

Hon. Treasurer: Mr Peter Rowley, M.C.

Ass. Treasurer: Mrs M. Burkmar

Hon. Consultant Medical Adviser: Dr B. Kiermader, M.B., F.R.C.P.

Head of Mental Care: Mr Michael Libby

Public Relations Officer: Mr Bill Simpson

Information Officer: Mr Wally Sullivan

Personnel & Industrial Relations Adviser:

Mr A. J. Keefe, F.I.P.M.

Homes Planning Officer: Mr Keith Cook

Homes Counselling Service

Office: 7 Market Mews, London, W1Y 8HP.

Head of Counselling & Training Service:

Mr. Harry Lowden

Counsellors: Mrs Gillian Corney, Mrs Alma Wise,

Mr Robert Hopkinson, Mr. Robert Hopkinson, Mr. Frank Kelly,

32 Mrs. Margaret Stevenson

2 Sue Ryder Foundation

Registered as a Charity Number 222291

Sue Ryder Home, Cavendish, Suffolk CO10 8AY

Founder: Sue Ryder, C.M.G., O.B.E.

Chairman: Mr H. N. Sporborg, C.M.G.

Honorary Councillors: Dr J. Apley, C.B.E., M.D., F.R.C.P.,

J.P./Group Captain G. L. Cheshire, V.C., D.S.O.,

D.F.C./Miss E. B. Clarke, C.V.O., M.A., B.Litt.(Oxon),

J.P./The Rev. Sister J. Faber/Mr John Priest, J.P./Sue

Ryder, C.M.G., O.B.E./Mr J. W. Steed/Mr John L.

Stevenson, F.C.S., A.C.I.S., F.T.I.I.

The Sue Ryder Foundation was established by Miss Ryder during the Post War Years, after she had been doing relief work on the Continent. Its purpose was—and still is—the relief of suffering on a wide scale by means of personal service, helping the needy, sick and disabled everywhere, irrespective of age, race or religion and thus serving as a Living Memorial to all who underwent persecution or died in defence of human values, especially during the two World Wars. Sue Ryder Homes care for the sick and needy of all ages, including children, and principally for the incurably sick and disabled, the homeless and those others for whom the general hospitals can do no more and who have no suitable place to go.

There are Sue Ryder Homes/Hospitals in Britain and overseas.

3 The Mission for the Relief of Suffering

Registered as a Charity Number 235988

Founders: Sue Ryder, C.M.G., O.B.E., and Leonard Cheshire, V.C., D.S.O., D.F.C., in association with Mother Teresa of Calcutta.

President: Mrs Lakshmi Pandit.

Secretary: Ronald Travers.

The Mission was founded by Sue Ryder and Leonard Cheshire for the principal purpose of pioneering new projects which, although fulfilling a clear need and in keeping with their general aims and objects, would probably not be undertaken by either of their respective organisations. Four such projects are:

Raphael, The Ryder-Cheshire International Centre, P.O. Box 157 Dehra Dun, Up, India

caring for a total of some 300 people in need.

Raphael comprises a colony for burnt out leprosy cases, a Home for severely mentally retarded children, the "Little White House" for destitute orphaned children and a small hospital with two separate wings, one for general nursing and the other for the treatment of TB. In addition, Raphael operates a Mobile TB and Leprosy Clinic in the Tehri, Garhwal area of the Himalayan foothills. There is a Cheshire Home in Dehra Dun itself, so Raphael is not able to appeal locally for funds. With effect from June 1976 responsibility for its financial upkeep has been taken over by the Ryder-Cheshire Foundation of Australia and New Zealand. The administration is in the hands of a General Council under the Chairmanship of Lt/Gen. S. P. Bhatia, O.B.E. (Retd.).

Gabriel, St. Thomas' Mount, Madras, South India

A training Unit for leprosy and non-leprosy patients who are living on their own in Madras but are incapable, through lack of a trade, of obtaining work. Financial responsibility is shared between India and Ryder-Cheshire Support Groups in the United Kingdom.
Chairman of Governing Council: L. Nazareth.

Ryder-Cheshire Films, Cavendish, Suffolk

This Unit produces films and video-tape programmes about the work of the two Foundations.

Details of these productions available on request.

Raphael Pilgrimages

A Pilgrimage to Lourdes is arranged annually for those chronically ill and permanently handicapped people, many of whom would not be accepted on other pilgrimages, and willing helpers.

Leader of Pilgrimages: Gilbert Thompson,
23, Whitley Wood Road, Reading, Berks.

Cheshire Homes in Britain

Residents telephone numbers in brackets.

ENGLAND**Avon**

Greenhill House, Timsbury, near Bath BA3 1ES.
Timsbury 70533 (70866).

Bedfordshire

Agate House Cheshire Home, Woburn Street, Ampthill, Bedfordshire. Ampthill 403247 (404470).

Buckinghamshire

Chiltern Cheshire Home, 27 North Park, Gerrards Cross SL9 8JT. Gerrards Cross 86170 (84572).

Cheshire

The Hill, Newcastle Road, Sandbach CW11 0JB.
Sandbach 2341 (2508).

Cleveland

Marske Hall, Marske-by-the-Sea, Redcar, Cleveland TS11 6AA. Redcar 2672.

Cornwall

St. Teresa's, Long Rock, Penzance, Marazion 710336 (710365).

Cumbria

Lake District Cheshire Home, Holehird, Windermere LA23 1NR. Windermere 2500 (387).

Derbyshire

Green Gables, Wingfield Road, Alfreton DE5 7AN
Alfreton 2422 (2441)

Devon

Cann House, Tamerton Foliot, Plymouth PL5 4LE.
Plymouth 771742 (772645).

Douglas House, Douglas Avenue, Brixham TQ5 9EL.
Brixham 6333/4.

Forches House Cheshire Home, Victoria Road,
Barnstaple. Barnstaple 75202.

Dorset

The Grange, 2 Mount Road, Parkstone, Poole.
Parkstone 740188 (740272).

James Burns House, Leonard Cheshire Home,
Greenways Avenue, Bournemouth.
Bournemouth 523182 (515397).

Durham

Murray House, St. Cuthbert's Avenue, Blackhill, Shotley
Bridge, Consett DH8 0LT. Consett 50400 (502363).

Essex

Seven Rivers, Great Bromley, Nr. Colchester CO7 7TT.
Colchester 230345 (230463).

Gloucestershire

Cotswold Cheshire Home, Overton Road, Cheltenham
GL50 3BN. Cheltenham 52569.

Hampshire

Le Court, Greatham, Liss GU33 6HL.
Blackmoor 364 (229).

Hereford and Worcester

The Saltways Cheshire Home, Church Road, Webheath,
Redditch B97 5PD. 0527-44462 (43208).

Hertfordshire

Hertfordshire Cheshire Home, St. John's Road, Hitchin
S94 9DD. Hitchin 52460 (52458).

Isle of Wight

Appley Cliff, Popham Road, Shanklin PO37 6RG.
Shanklin 2193.

Kent

Chipstead Lake Cheshire Home, Chevening Road,
Chipstead, Sevenoaks, Kent TN13 2SD. 0732-59510
(51855).

Mote House, Mote Park, Maidstone ME15 8NG.
Maidstone 37911 (38417).

St. Cecilia's, 32 Sundridge Avenue, Bromley BR1 2PZ.
01-460 8377 (7179).

Seven Springs, Pembury Road, Tunbridge Wells
TN2 4NB. Tunbridge Wells 31138 and 33522 (20130)

Lancashire

Honnesfeld, Blackstone Edge Road, Littleborough.
Littleborough 78627 (78065).

Oaklands, Dimples Lane, Barnacre-with-Bounds, near
Garstang, Preston PR3 1UA. Garstang 2290 (3624).

Leicestershire

Roecliffe Manor, Woodhouse Eaves, Loughborough
LE12 8TN. Woodhouse Eaves 890250.

Staunton Harold, Ashby-de-la-Zouch, LE6 5RT.
Melbourne Derby 2571 (2387).

Lincolnshire

Hovenden House, Fleet, Spalding PE12 8LP.
Holbeach 23037 (23241).

London

Athol House, 138 College Road, London SE19 1XE.
01-670 3740 (6770).

Merseyside

Freshfields Leonard Cheshire Home, College Avenue,
Formby, Liverpool L37 1LE. Formby 70119.

Springwood House, Cheshire Home, Springwood Avenue,
Liverpool L25 7UW. 051-427 7345 (5400).

Middlesex

Arnold House, 66 The Ridgeway, Enfield, Middlesex
EN2 8JA. 01-363 1660 (01-363 0750).

Norfolk

The Grove, East Carleton, Norwich NR14 8HP.
Mulbarton 70279.

Northumberland

Matfen Hall, Matfen, Newcastle-upon-Tyne NE20 0RH.
Stamfordham 212 (383).

Nottinghamshire

Holme Lodge, Julian Road, West Bridgford, Nottingham
NG2 5AQ. Nottingham 869002.

The Dukeries Cheshire Home, Hospital Road, Retford.
Retford 705765.

Oxfordshire

Greenhill House, Twyford, Banbury OX17 3JB.
Banbury 810679 (810667).

John Masefield Cheshire Home, Burcot Brook, Burcot,
Oxfordshire OX14 3DP. Oxford 340324 (340130).

Somerset

St. Michael's, Axbridge BS26 2DW. Axbridge 732358.

South Humberside

Stoncroft House, Barnetby ND38 6YD. Barnetby 344
(699).

Surrey

Bell's Piece, Hale Road, Farnham
Farnham 715138

Harts Leap Children's Home, Harts Leap Road, Sandhurst
near Camberley, Crowthorne 2599.

Hydon Hill, Clock Barn Lane, Hydon Heath, near
Godalming. Hascombe 383.

Sussex

Heatherley, Effingham Lane, Copthorne, Crawley RH10
3HS. Copthorne 712232 (712735).

St. Bridget's, The Street, East Preston, Littlehampton.
Rustington 3988 (70755).

West Midlands

Greenacres, 39 Vesey Road, Sutton Coldfield, West
Midlands B73 5NR. 021-354 7753 (7960).

St. Anthony's, Stourbridge Road, Wolverhampton WV4
5NQ. 0902-893056.

Wiltshire

Greathouse, Kington Langley, Chippenham.
Kington Langley 235 (327).

Yorkshire

Alne Hall, Alne, York YO6 2JA. Tollerton 295.

Beechwood, Bryan Road, Edgerton, Huddersfield HD2
2AH. Huddersfield 29626 (22813).

Champion House, Clara Drive, Calverley, Pudsey LS28
5 PQ. Bradford 612459 (613642).

Kenmore, 100 Whitecliffe Road, Cleckheaton BD19 3DF
Cleckheaton 872904.

Mickley Hall, Mickley Lane, Totley, Sheffield S17 4HE
Sheffield (0742) 369952/3 (365709)

Spofforth Hall, Harrogate HG3 1BX. Spofforth 284 (287);
White Windows, Sowerby Bridge, Halifax HX6 1BH.
Halifax 31981 (32173).

SCOTLAND

Dumfries

Carnsalloch House, Kirkmahoe, Dumfries DG1 1SN.
Dumfries 4924.

Edinburgh

Mayfield House, East Trinity Road, Edinburgh EH5 3PT.
031-552 2037 (4157).

WALES

Clwyd

Dolywern, Pontfadog, Llangollen LL20 7BR. Glyn
Ceiriog 303.

Eithinog, Old Highway, Upper Colwyn Bay LL28 5YA.
Colwyn Bay 2404 (30047).

Dyfed

Coomb, Llangynog, Carmarthen SA33 5HP. Llanstephan
292 (310).

Gwent

Llanhenock Cheshire Home, Llanhenock, near Caerleon
NP6 1LT. Caerleon 420045 (420676).

South Glamorgan

Danybryn, Radyr, Cardiff CF4 8AJ. Radyr 842237
(842335).

HOMES FOR PSYCHIATRIC AFTER-CARE

London

Miraflores, 150-154 Worples Road, Wimbledon SW20.
01-946 5058.

Gaywood, 30 The Downs, Wimbledon SW20.
01-946 9493.

Nicholas House, 2 Old Nichol Street, Bethnal Green E2.
01-739 5165 (9298).

Hutchings House Cheshire Home, 32 Hillingdon Road,
Uxbridge, Middlesex. Uxbridge 54815.

MENTALLY HANDICAPPED CHILDREN

Cheshire

The Green, Chrisleton, near Chester. Chester 35503.

Cumbria

The Garthwaite, Community Cheshire Home, 21 Kendal
Green, Kendal LA9 5PN. Kendal 23396.

Dorset

Buckfield House, Lyme Regis.

Fairfield House, Lyme Regis DT7 3HH. Lyme Regis 2487.
Hawthorn Lodge, Hawthorn Road, Dorchester.

Dorchester 3403.

Special Services

Flats for couples, one of whom is disabled:

Robin House, St. John's Road, Hitchin, Herts.

Disabled Students accommodation:

Taylor House, 16 Osler Road, Headington, Oxford.
Oxford 68620.

Training Centre:

Cheshire Foundation Service Corps, Study Centre,
Le Court, Liss, Hants. Tel: Blackmoor 421.

FAMILY SUPPORT SERVICES

Chiltern — *Chairman*: Mrs. Shirley Hughes, S.R.N.,
c/o The Chiltern Cheshire Home.

Bournemouth & Poole — *Chairman*: Mrs. M. Redfern,
c/o The Grange Cheshire Home.

West Dorset — *Chairman*: Mrs. Judy Wilson,
Manor Farm, Wraxall, Dorchester. Telephone:
Evershot (093 583) 294

Stour Valley — *Chairman*: Miss Christine Hall,
Phoenix, Hewletts Drive, Rivers Corner, Sturminster
Newton. DT10 2AE. Telephone: Sturminster
(0258) 72876

South West Wilts — *Chairman*: Peter Bancroft, Esq.,
Little Leigh Cottage, East Knoyle, Salisbury.
Telephone: East Knoyle (074 783) 510

THE LEONARD CHESHIRE FOUNDATION INTERNATIONAL

International Director: Mr Ronald Travers

International Secretary: Miss Priscilla Arnold

3 Market Mews, London W1Y 8HP. Tel: 01-499 2267.

Argentina (WR)

Hogares Cheshire para Lisiados Casilla de Correo 896,
BUENOS AIRES.

Bangladesh

The Cheshire Homes Bangladesh, 14/E Road 17,
Bonani Model Town, P.O. Box 2342, DACCA 2.

The Cheshire Homes Bangladesh, C-53 Road 6,
Bonani Model Town, P.O. Box 2342, DACCA 2.

Barbados (WR)

Thelma Vaughan Memorial Home, The Glebe,
St. George. (C)

Brazil (WR)

The Cheshire Home, Rua 7 de Abril 252, 12, SAO PAOLO

Canada (WR)

McLeod House, 11 Lowther Ave. Toronto, Ont.
M5R 1C5

Quinte Cheshire Home, 246 John St. Belleville, Ont.
K8N 3G1

Clarendon I, 21A Vaughan Rd. Toronto, Ont.
M6G 2N2

Peel Cheshire Home, 361 Queen St. Streetsville,
Ont. L5M 1M3

Durham Cheshire Home, 829 Simcoe St. Oshawa,
Ont. L1J 5Y9

Carleton Ottawa Residence for the Disabled,
(CORDI), 1604 Pullen Ave. Ottawa, Ont. K1G 0N7

Ashby House, 78 Springhurst Ave., Toronto, Ont.
M6K 1B8

Carey House, 1401 Ontario St. Burlington, Ont.
L7S 1G5

London Cheshire Home, Inc. 534 Princess Avenue,
London, Ont. N6B 2B8

Clarendon II, 49 Henry Lane Terrace, Toronto, Ont.
M5A 4B5

Morrison Residence (Cheshire) Fdn.

341 Bloor St. W. Suite 1008, Toronto, Ont. M5S 1W8

Saskatoon Cheshire Home, 314 Lake Crescent, Saskatoon,
Sask. S7H 3A2

Three Trilliums Community Place, 160 The Esplanade No. 5
Toronto, Ont. M5A 3T2*

TELCI (Therapeutic & Educational Living Centres, Inc.)
c/o 1166 Bonnie Crescent, Ottawa, Ont. K2C 1Z5*

Chile (WR)

Santiago Cheshire Home, Hogares Fundacion Cheshire
de la Esperanza, Casilla 4087, SANTIAGO

Concepcion Cheshire Home, Hogares Fundacion
Cheshire de la Esperanza, Casilla 741, CONCEPCION

Ethiopia (CR)

The Cheshire Home, PO Box 3427, ADDIS ABABA (C)

The Cheshire Clinic, PO Box 1383, ASMARA (C)

The Gighessa Cheshire Home, PO Box 29,
SHASHAMANE

France (NR)

Foyer Cheshire, FONTAINE FRANCAISE 21610

Grenada (WR)

Father Hilarion Cheshire Home, Mount Rodney,
ST. PATRICK

Guyana (WR)

The Cheshire Home for Spastic Children, Mahaica
Hospital, E. C. DEMARARA (C)

Hong Kong (FER)

The Cheshire Home, PO Box 5061, HONG KONG

India (ER)

The Cheshire Home, H. A. L. Road, BANGALORE 17

The Cheshire Home, Opp. Buddhev Colony, Kareli Baug,
BARODA

Bethlehem House, Mahakli Caves Road, Andheri East.
M.I.D.C., BOMBAY - 40093

The Cheshire Home, (Asansol) Dt. Burdwan, BURNPUR,
W. Bengal

Serampore Cheshire Home, "Bishop's House"

51 Chowringhee Road, CALCUTTA 16

Tollygunge Cheshire Home, Tollygunge, CALCUTTA
Cheshire Home, Sowripalayam Road, COIMBATORE,
641028

"Anbu Nilayam", The Cheshire Home, COVELONG,
Chingleput Dt.

Govind Bhavan Cheshire Home, 16 Pritam Road, DEHRA
DUN

Rustomji P. Patel Cheshire Home, Sundernagar,

Tatanagar, BIHAR

Cheshire Homes India, Gandhinagar, Vellore - 632006,
Tamilnadu

The Cheshire Home, Towers Lane, Kankanady,
MANGALORE 2

The Cheshire Home, Balamore Road, NAGERCOIL
629001

Delhi Cheshire Home, Okhla Road,
NEW DELHI 110025

Meathmag Cheshire Home, PO Box 10, RANCHI
Lucknow*

Madurai Cheshire Home, Thoppur Village, Austinpatti
B.O., (Via) MADURAI - 625002

The Leonard Cheshire Home, Kuravaru, m,
TRIVANDRUM 3

Indonesia (FER)

Wisma Cheshire Home, PO Box 3018 JAKARTA

Ireland (NR)

Ardeen, Shillelagh, Co. Wicklow, EIRE

Rathfredagh House, Cheshire Home, Newcastle West,
Co. Limerick, EIRE

St. Laurence Cheshire Home, Lota Park, Glamire,
Co. Cork, EIRE

St. Patrick's Cheshire Home, Tullow, Co. Carlow, EIRE

Cara Cheshire Home, Phoenix Park, DUBLIN 20

The Barrett Cheshire Home, 21 Herbert Street, DUBLIN

The O'Dwyer Cheshire Home, Lismirrane, Boholo,
CO. MAYO

Jamaica (WR)

Jamaica Cheshire Home, PO Box 80, KINGSTON 11

Kenya (CR)

Dagoretti Children's Centre, P.O. Box 24756,
NAIROBI (C)

Limuru Cheshire Home & Staff Training Centre,
P.O. Box 325, LIMURU

Kariobangi Cheshire Home (Kijiji), P.O. Box 47714,
NAIROBI

Malaysia (FER)

Johore Cheshire Home, Jalan Jamaat, Kanpong Ungku
Mohsin, JAHORE BAHRU

Sarawak Cheshire Home, Ridgeway Road, Kuching,
SARAWAK

Rumah 'Amal Cheshire Selangor, 7½ Mile Jalan Ipoh,
Batu Caves, SELANGOR

Sabah Cheshire Home, Peti Surat, 1271 Kota Kinabalu,
SABAH

Penang Cheshire Home, Rumah 'Amal Cheshire Pulau
Pinang, Babington Avenue, PENANG

Mauritius (CR)

Tamarin Cheshire Home, Tamarain, FLOREAL

Morocco (NR)

Foyer Koutoubia, Parvis de la Koutoubia,
MARRAKECH (C)

Dar el Hanaa, 3 Place des Aloes, Marshan, TANGIER (C)

Nigeria (CR)

Cheshire Home Enugu, 1 Adelaba Street, ENUGU (C)
 Oluyole Cheshire Home, PO Box 1425, IBADAN (C)
 Cheshire Home Lagos, 91 Agege Road, Mushin, LAGOS STATE (C)
 Cheshire Home Orlu, Ubulu-Theojiofor, ORLU, E.C.S. (C)
 Cheshire Home, PO Box 365, Churchill Road, PORT HARCOURT (C)

Papua and New Guinea (FER)

The Cheshire Home, PO Box 1306, Boroko, PAPUA (CM)

The Philippines (FER)

The Sinag-Tala Home for Men, Carmel Subdivision, c/o Mr Regio Sapida, End of Congressional Road, Project 8, QUEZON CITY
 The Sinag-Tala Home for Women, 74 Grants Street, c/o Miss Lily Zamora, G.S.I.S. Village, Project 8, QUEZON CITY
 Kakayahan Home, Road 13, Corner 22, c/o Mr Francisco Mariano, Urduja Village, Caloocan Boundary, QUEZON CITY

Bukang Liwayway Home, No. 7 Molave Street, c/o Mr Jose Merillo, Project 3, QUEZON CITY
 Pangarap Home, 31 Paraiso St., c/o Mr John Antonio, Bo. San Agustin, Novaliches, QUEZON CITY

Bahay Mapagmahal, National Orthopaedic Hospital, c/o Sr. Roos Catry ICM, Banawe St., QUEZON CITY
 Liwanag Home, Sumakwel St., c/o Sr. Teresita Aranda ICM, Urduja Village, Novaliches, QUEZON CITY

Biyaya Home, (Hostel for Disabled Students), c/o Sr. M. Valeriana Baerts ICM, St. Michael St., near Lautauastr. Cubao, QUEZON CITY
 St. Vincent de Paul Home for the Disabled, Our Lady of the Candelaria Chapel, Parish of Nuestra Senora de Gracia, J.P. Rizal St., (near Gonzales Street), Guadalupe Makati, METRO MANILA

Bahay Kasipagan, Caloocan, Near Tala Leprosasium, Community Center, METRO MANILA, c/o Sr. M. Valeriana Baerts ICM

I.P.S. Cradle of T.W.H., "The House with No-Steps", No. 13 Dona Juana Rodriguez Ave., New Manila, QUEZON CITY. c/o Mr & Mrs Tony Zaragosa

Tahanang Walang Hagdanan, First Regional House with No Steps, c/o Adult Education Office, Governor Pack Road, BAGUIO CITY 0201

Gintong Kinabukasan "Golden Tomorrow" 2nd Regional House with No Steps, c/o Mrs Carmen Soriano, c/o Monte Maria Village, Soriano Bldg., Anda St., DAVAO CITY

Portugal (NR)

Lares de Boa Vontade (Lares Cheshire em Portugal), Rua Joao da Silva 3, CARCAVELOS, 2275 Parede

Seychelles (CR)

Dr. Hermitte House Cheshire Home, Mont Royal, Victoria, MAHE (C)

Sierra Leone (CR)

Sir Milton Cheshire Home, PO Box 150, BO. (C)
 The Cheshire Home, PO Box 916, 18 Race Course Road, FREETOWN (C)

Singapore (FER)

The Singapore Cheshire Home, Room 2-E, 2nd Floor, Singapore Council of Social Service Building, 11 Penang Lane, SINGAPORE

South Africa (CR)

Cheshire Home for Handicapped Adult, Eric Miles House, 20 Corsair Road, Sanddrift, MILNERTON 7405

Chatsworth Cheshire Home, No. 74, Road 217, Bayview, Chatsworth 4092, DURBAN

Queensburgh Cheshire Home, 890 Old Main Road, Moseley, Queensburgh, Durban, NATAL
 Anne Harding Cheshire Home, Randburg, TRANSVAAL
 Summerstrand Cheshire Home, PO Box 13148, Summerstrand, PORT ELIZABETH 6013

Spain (NR)

Hogar de la Amistad, Calle Benedetti No. 60, BARCELONA 17
 Hogar de la Amistad, Calle Sugranes No. 103, Bajos, Sants, BARCELONA 2
 Hogar de la Amistad, Avenida de Navarra 68,4,4a, Masnou, BARCELONA 3

Hogares Cheshire de Espana, Hacienda de Pavones, 3, 9°, A, Escalera Izq., Moratalaz, MADRID 30

Sri Lanka (ER)

The Wester Seaton Cheshire Home, NEGOMBO
 Sir James and Lady Peiris Cheshire Home, 17 Siripala Road, MOUNT LAVINIA
 Matale Cheshire Home. MATALE
 Uthavum Karangal Cheshire Home, Kilner Building, K.K.S. Road, JAFFNA

Sudan (CR)

The Cheshire Home, PO Box 801, KHARTOUM (C)

Thailand (FER)

Siri-Wattana Cheshire Home Bangping, 25 Chitlom Lane, BANGKOK 5

Cheshire Home Rangsit, 25 Chitlom Lane, BANGKOK 5

Trinidad (WR)

The Cheshire Home, St. Andrews Gardens, SAN FERNANDO

Uganda (CR)

Buluba Cheshire Home, PO Box 151, BULUBA, Iganga
 Cheshire Home for Paraplegics, PO Box 6890, KAMPALA

U.S.A. (WR)

Enquiries to: The Leonard Cheshire Foundation, Inc., 1211 Connecticut Avenue, N.W., Suite 600, WASHINGTON, D.C. 20036

The Cheshire Homes of Santa Cruz County, Inc., 161 Miles Lane, Watsonville, California 95076

The Cheshire Homes of Santa Cruz County, Inc., 1125 Rodriguez Street, Santa Cruz, California 95062

Mississippi Cheshire Homes of Harrison County, Inc., PO Box 597, Gulfport, MISSISSIPPI 39501

The Cheshire Homes of Arlington, Va., Inc., 1212 South Irving St., Arlington, Virginia 22204

Cheshire Home, Inc., One Madison Avenue, Madison, NEW JERSEY 07940*

Cheshire House of Broome County, NEW YORK*

Venezuela (WR)

Hogares Cheshire de Venezuela, 41a Avenida de Campo Alegre No. 24, CARACAS

Zambia (CR)

Cheshire Home Society for Handicapped Children, Twin Palms Road, P.O. Box 8059, Kabulonga, LUSAKA (C)

Cheshire Home Society for Handicapped Children KAVU, P.O. Box 72965, NDOLA (C)

*Homes in preparation. (C) for disabled children. (CM) for Mentally retarded children.

FER	Far Eastern Region	WR	Western Region
ER	Eastern Region	NR	Northern Region
CR	Central Region		

REGIONAL SECRETARIATS

F.E. Region

Chairman: Toh Puan Datuk Hajjah
Secretary: Miss Madeleine Lim
Address: Cheshire Homes Far Eastern
Regional Council Secretariat,
P.O. Box 1118 Penang, Malaysia

E. Region

Chairman: Maj. General Virendra Singh (Ret'd)
Secretary: Mr. N. Rajagopalan
Address: 3 Sultan Singh Bldg.,
Kashmere Gate, Delhi 110017

Central Region

Chairman: Father Kevin Doheny
Secretary: Mrs. Charles Watson
Address: P.O. Box 8059
Lusaka, Zambia

W. Region

Chairman: Sir Herbert Duffus
Secretary: Mrs. Heather Marshall
Address: c/o Lyndhurst Hospital
520 Sutherland Drive, Toronto
Ont. M49 3V9, Canada

N. Region

Chairman: Gp. Capt. Leonard Cheshire V.C.
Secretary: Mr. Ronald Travers
Address: 3 Market Mews, London W1Y 8HP

DEATHS

Colin Sydney Williams, aged 29 years, died at Mote House on 1st November, 1980.

THE PHOTOGRAPHERS' GALLERY

ONE IN TEN IS DISABLED!

In every country in the world today, at least one person in ten is disabled in some way.

"One in Ten" opens at the Photographers' Gallery on January 22nd, runs to February 22nd and will subsequently be available for touring in Britain thanks to generous sponsorship from National Westminster Bank within its Community Support Programme.

This Exhibition sets out to show through the best available photographs that there are many ways in which people can become disabled; that there are many ways of caring for them and treating their problems; and most of all that disabled people are fellow members of the human race and can be helped by all of us, particularly if we see them as people first and not just as 'the disabled'

Anyone can become disabled through accident, illness, starvation, or through natural and man-made disasters — it is not simply a condition to which

Small Advertisements

Has anyone in the Homes something to sell? Or have you any needs you wish to make known? Why not use this section?

Note to Advertisers. All enquiries, and matters regarding advertising in *Cheshire Smile* to be sent to: The Secretary, *Cheshire Smile*, Greenacres, 39 Vesey Road, Sutton Coldfield, W. Midlands B73 5NR.

Do you collect Green Shield Stamps?

If not, the following Homes could make good use of them—**Heatherley, Le Court, Athol House, Llanhennock, Greenacres and Mote House.**

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Pencils, superb ball-pens, combs, diaries, etc., gold stamped with Church name. Raise funds quickly — easily. Repeat orders assured. Details: NORTHERN NOVELTIES, Spencer House, Spring Gardens, Bradford BD1 3HE.

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Mrs. Allen, Appley Cliff Cheshire Home, Shanklin, Isle of Wight.

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people are born. Ignorance and fear on the part of the able-bodied can lead to additional suffering and it is to be hoped that this exhibition may help in a small way to produce a more positive attitude to those disabled people we may meet in our work, play or family life.

There are 100 pictures, with captions taken from the Charter for the 80's a new international charter which has been specially drawn up for the International Year.

Opening House: Monday — Saturday 11 a.m. — 7 p.m. Sundays 12 — 6 p.m. Admission free. Easy access for wheelchairs.

The Photographers' Gallery Limited, 5 & 8 Great Newport Street, London WC2H 7HY, England
Telephone: 01-240 5511/2